

# Prostate Brachytherapy

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Professor, School of Computing

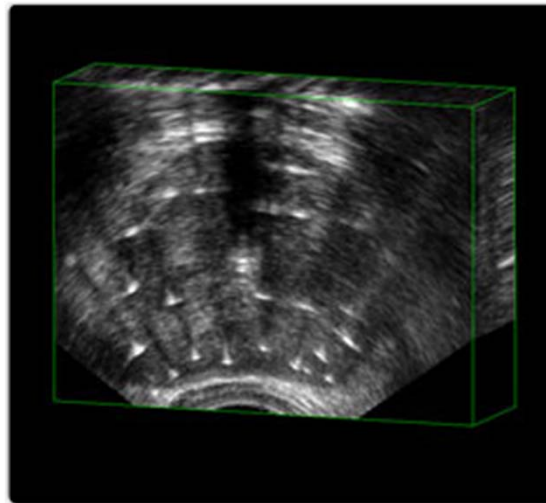
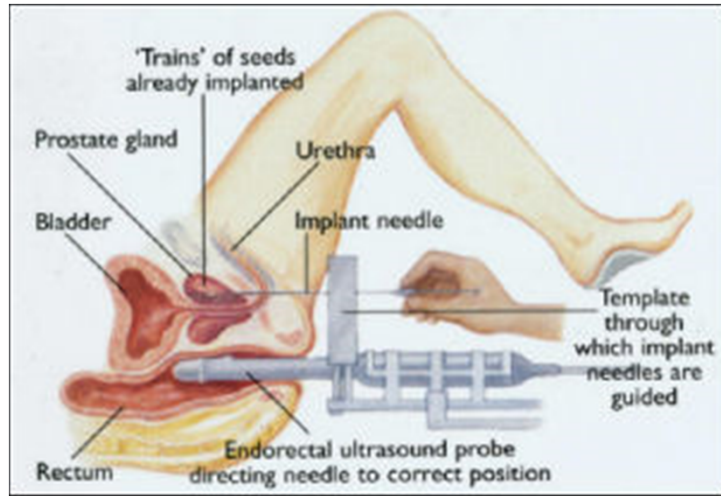
Cancer Care Ontario Research Chair

Cross-appointment w/ Departments of Mechanical and Materials  
Engineering, Electrical and Computer Engineering, and Surgery

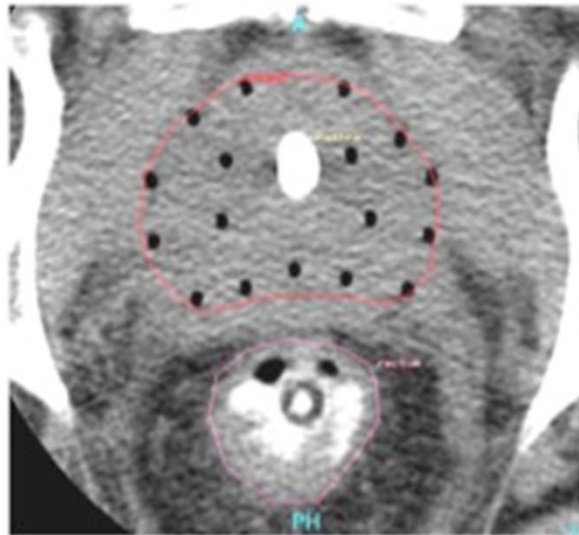
Email: [gabor@cs.queensu.ca](mailto:gabor@cs.queensu.ca)

Perk Lab: <http://perk.cs.queensu.ca>

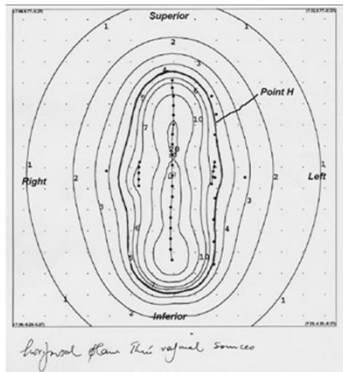
# HDR brachytherapy – TRUS imaging



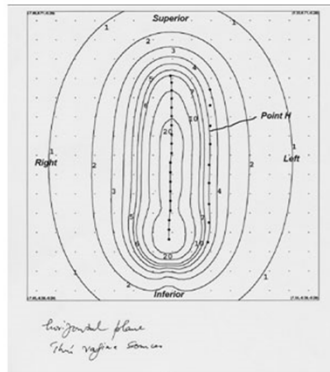
# HDR – CT/X-ray imaging



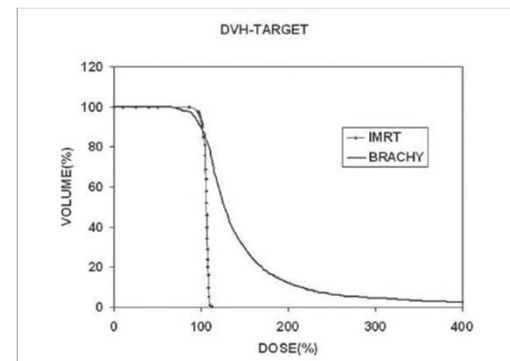
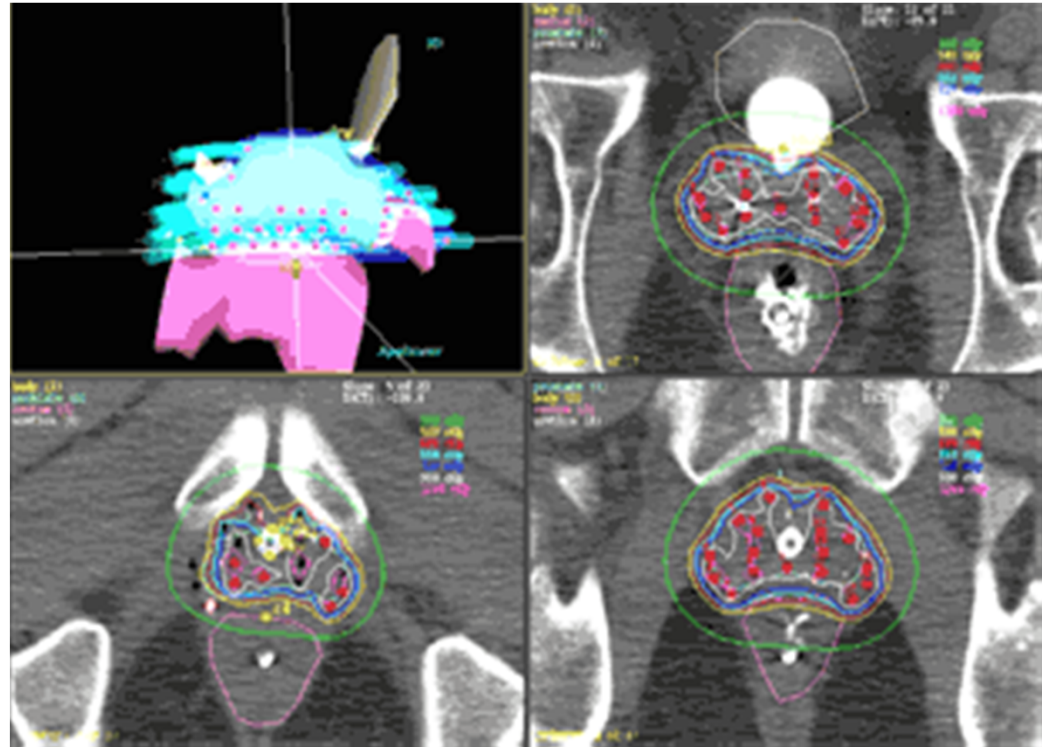
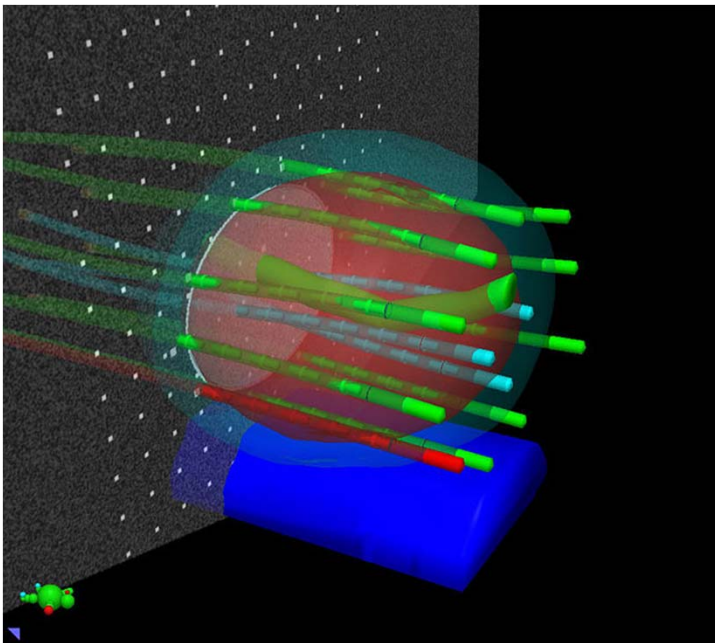
# HDR – Dose planning



(a)



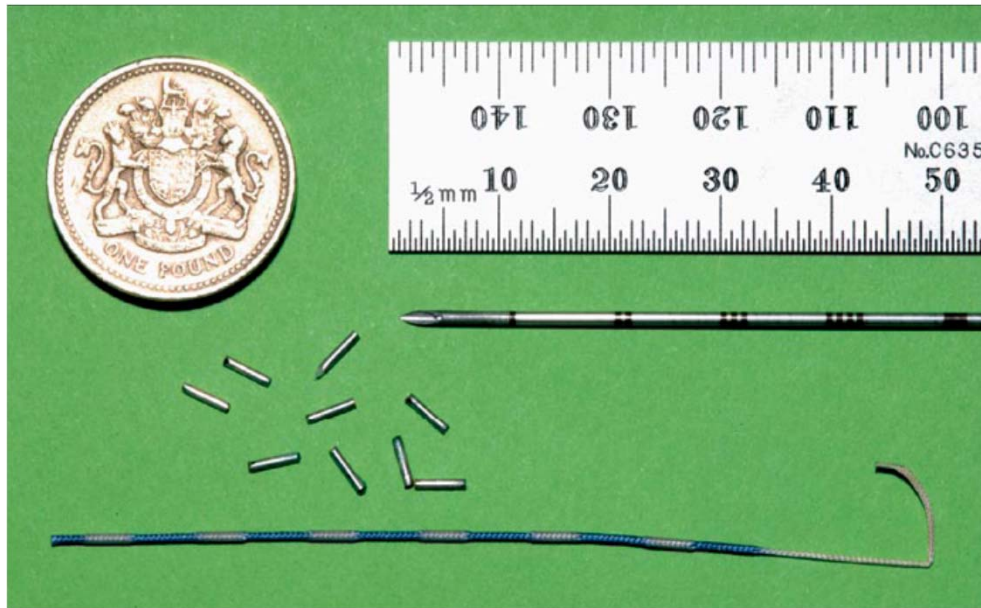
(b)



# HDR – dose delivery



# Low dose rate (LDR) brachytherapy

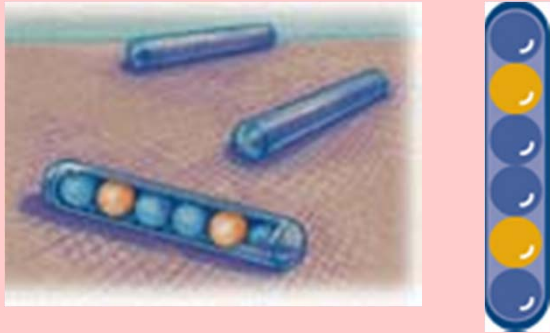


The seeds are tiny canisters of Titanium (4.5mm long by 0.8mm diameter) which contain the radioactive isotope Iodine-125 ( $T_2=60$  days) or Palladium-103 ( $T_2=17$  days.)

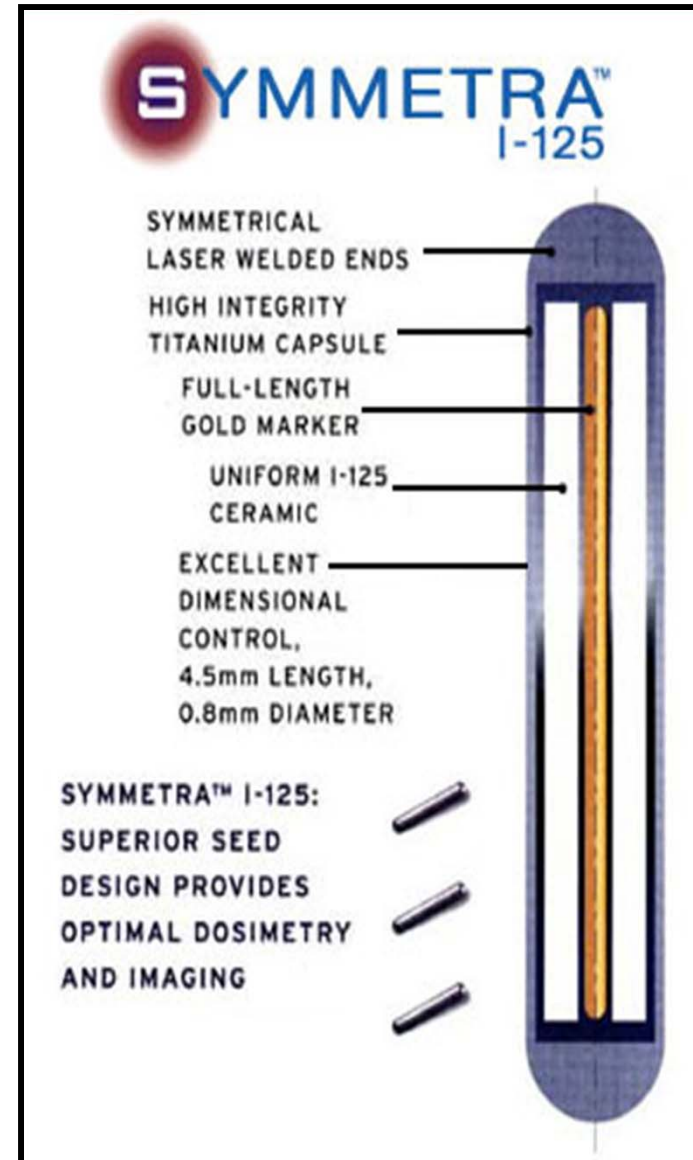


# Typical cased source

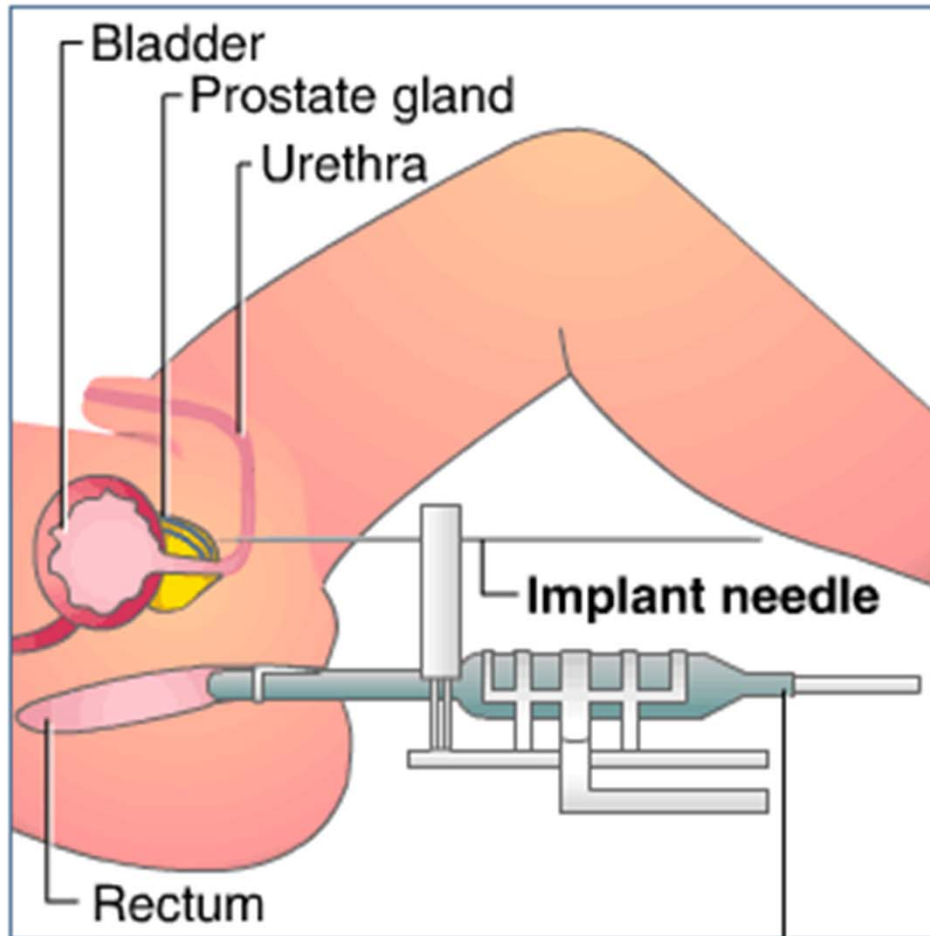
- I-125 – 60d T2
- Pa-103 – 17d T2



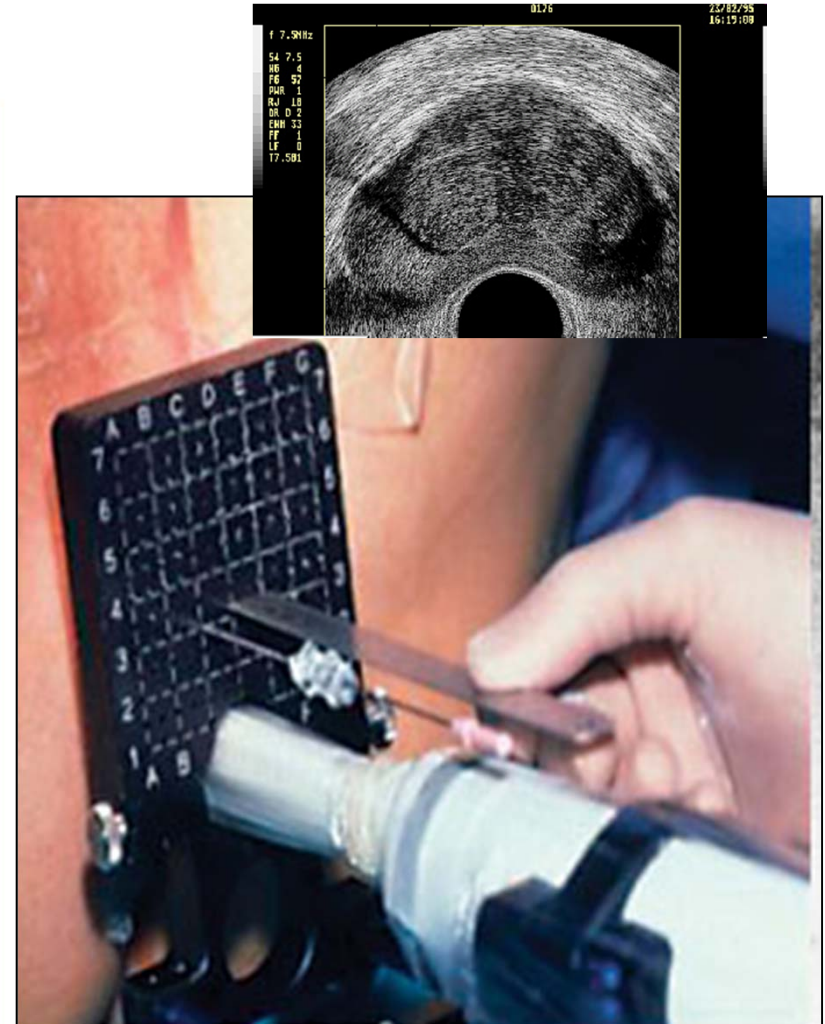
- IoGold™ I-125 brachytherapy sources
- welded titanium capsule
- I-125 absorbed onto four resin beads
- two inactive gold beads serving as x-ray markers identifying source location and orientation.
- supplied non-sterile when shipped



# Low dose rate brachytherapy



**Endorectal  
ultrasound probe**





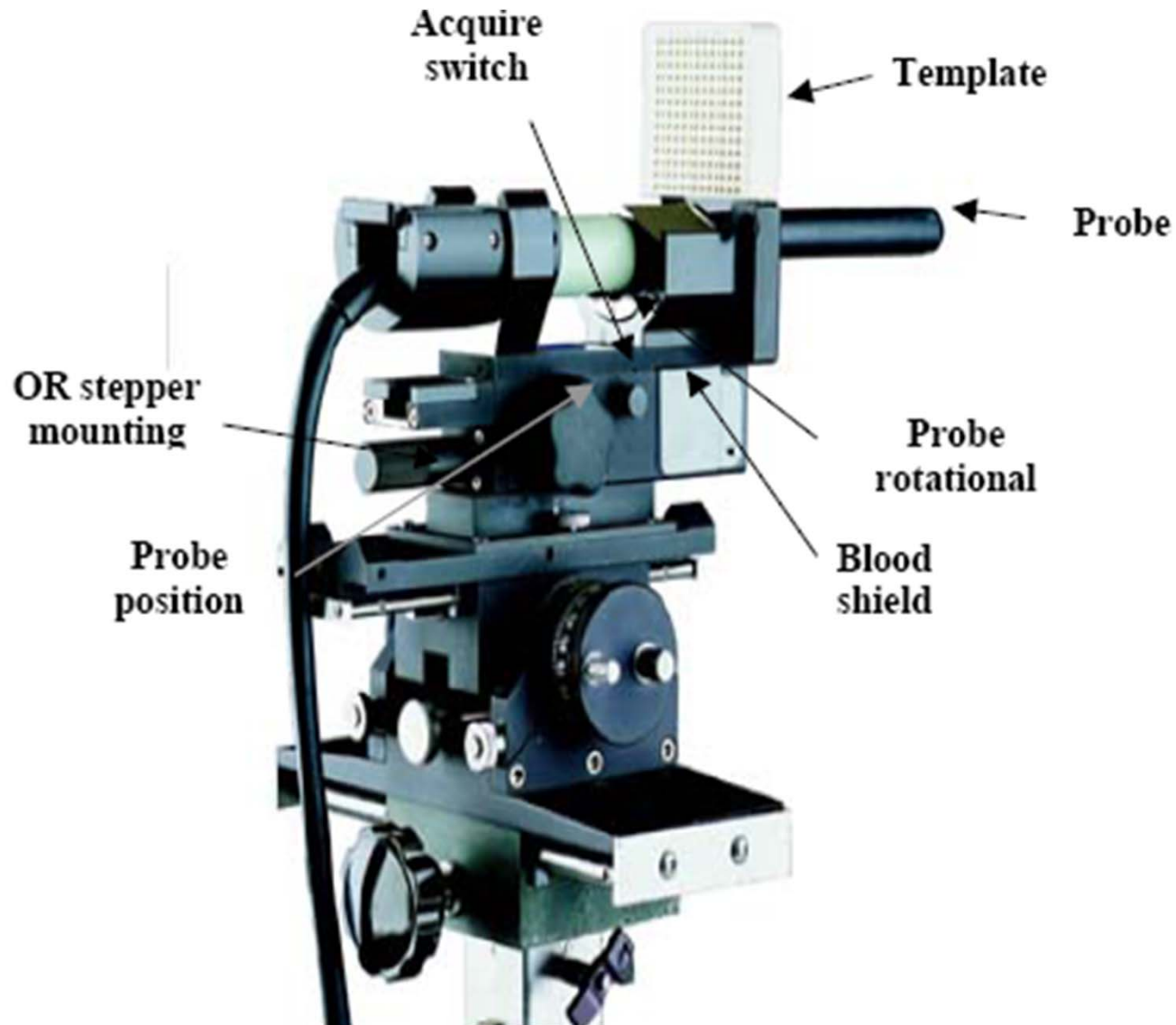
# LDR brachytherapy workflow

- System Calibration
- Planning\*
  - Volume study for seed ordering
  - Implant planning
- Implantation
- Post-OP dose assessment

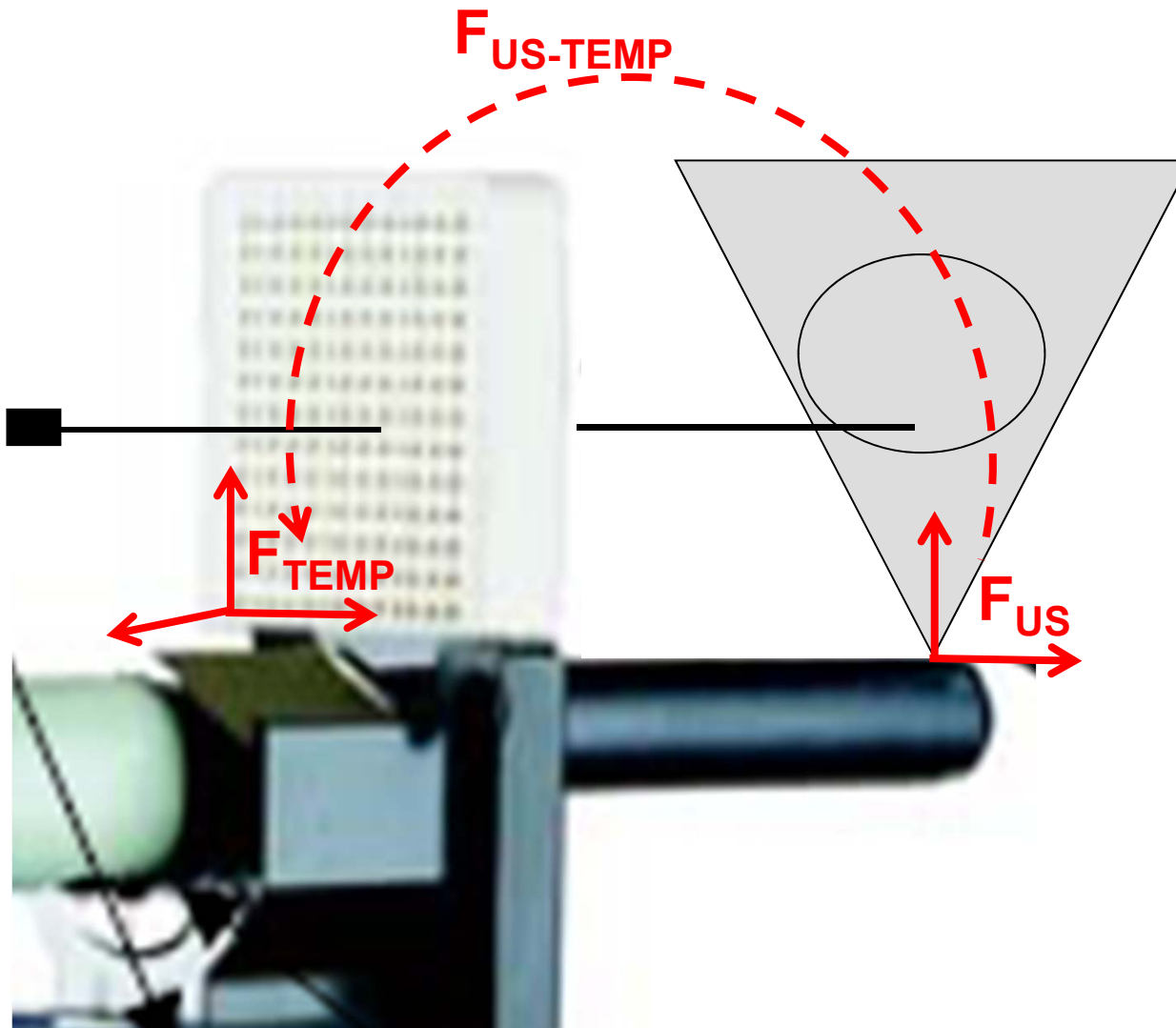
\* w/ computerized Treatment Planning System or TPS)



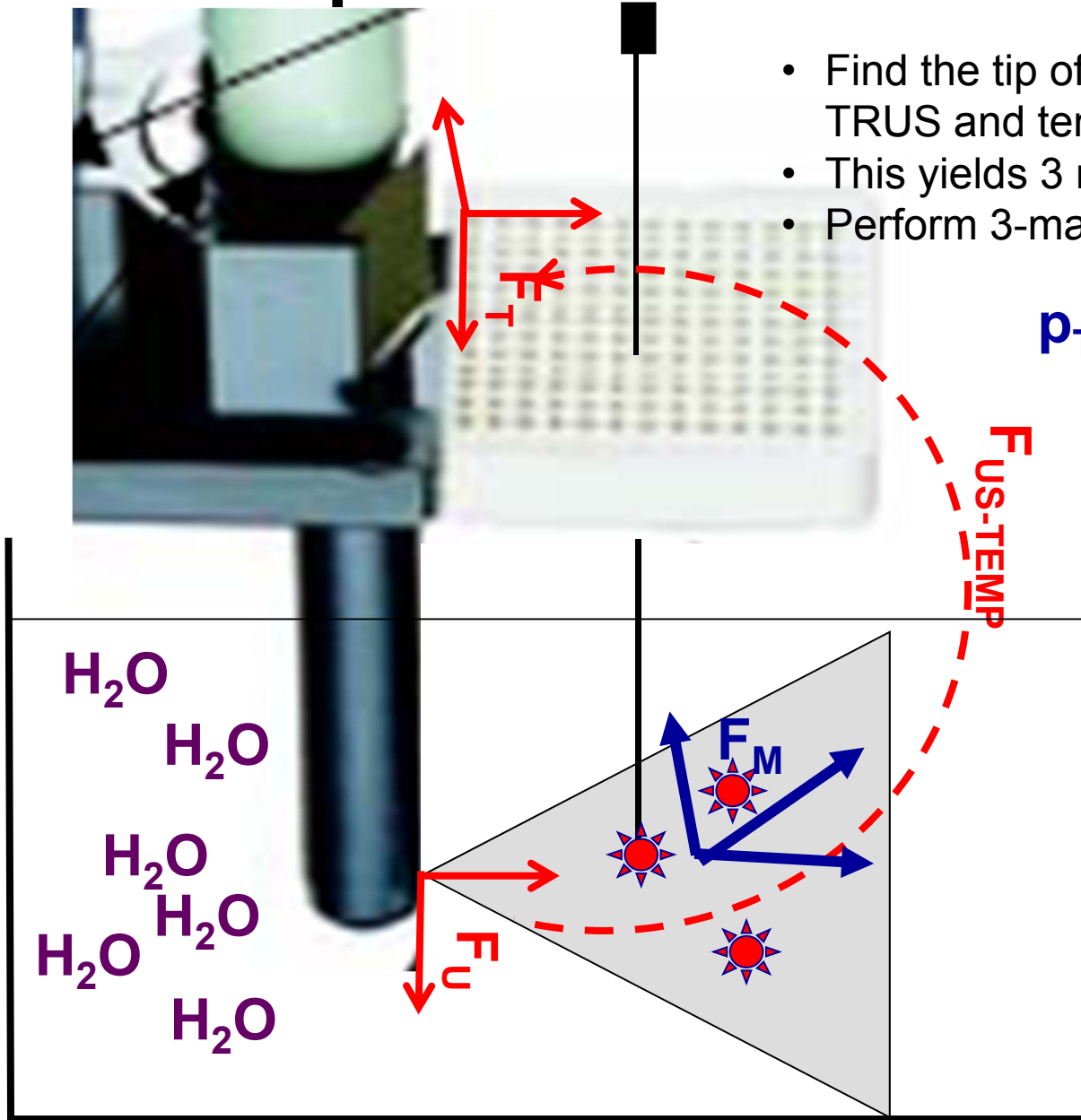
# The delivery hardware



# Template – TRUS calibration



# Template –TRUS calibration

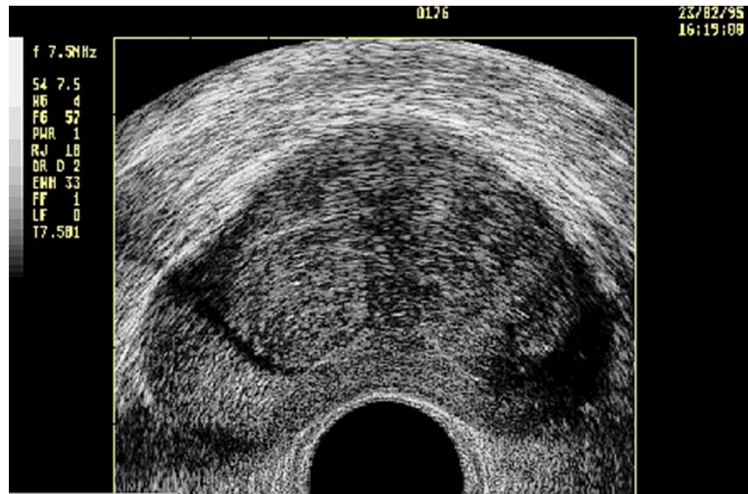
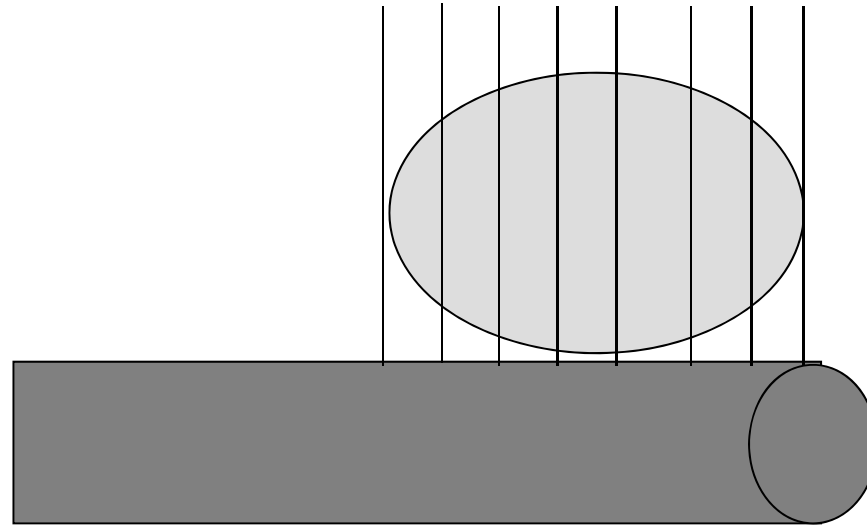


- Find the tip of three needles in both TRUS and template frames
- This yields 3 markers...
- Perform 3-marker registration

$$p_T = (F_{TM} F_{UT}) p_U$$



# TRUS Imaging



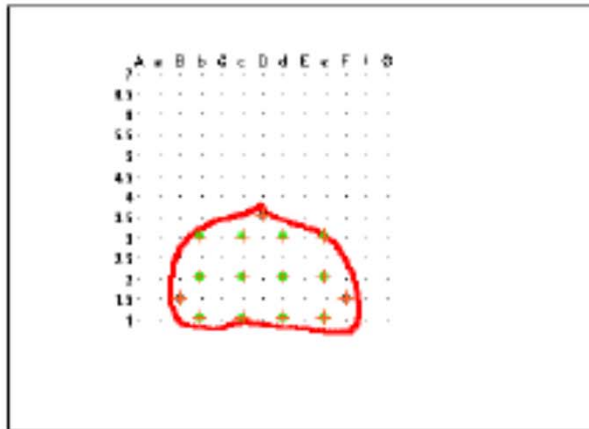
# TPS – contouring



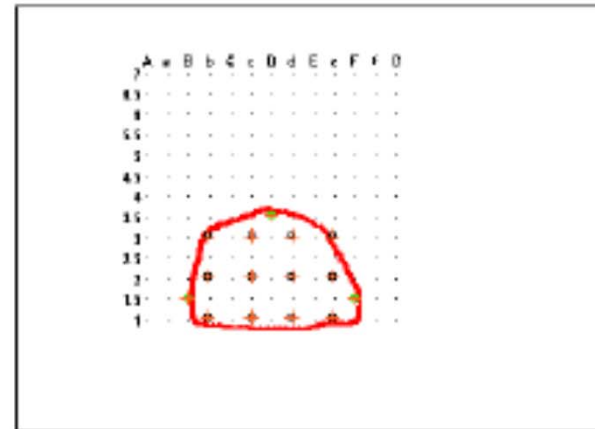
# Seed loading pattern

## 4.6.3.1 Modified Uniform Example

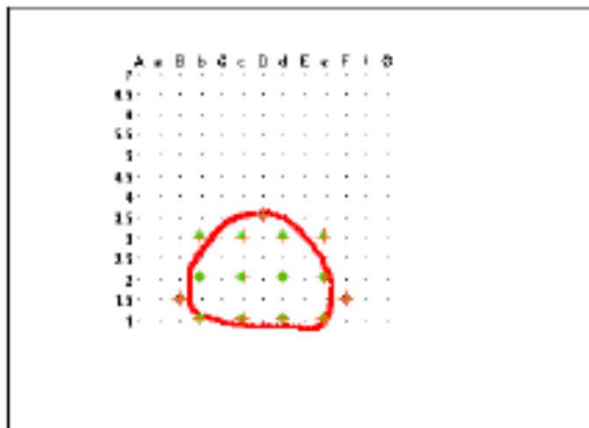
### Transverse Images



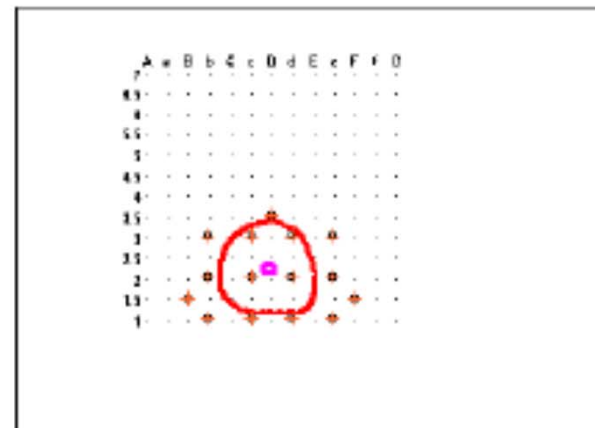
Z = 2.00 Pre-implant : Transverse



Z = 2.50 Pre-implant : Transverse



Z = 3.00 Pre-implant : Transverse



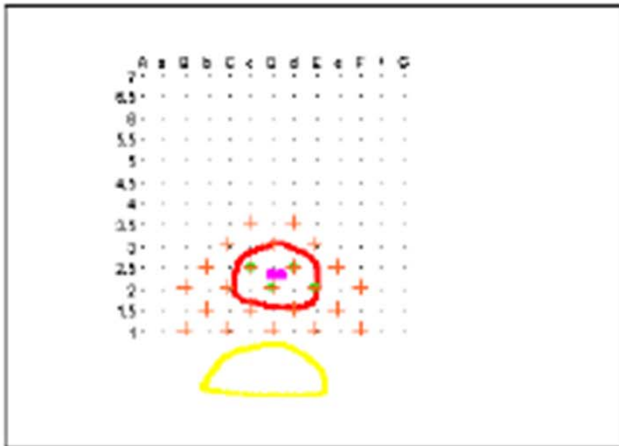
Z = 3.50 Pre-implant : Transverse



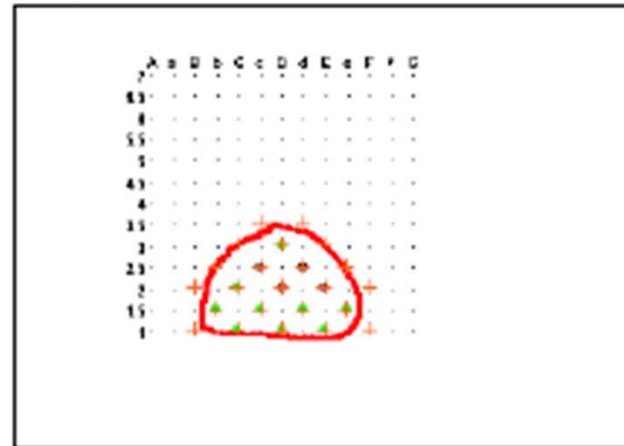
# Seed loading pattern

## 4.6.3.2 2D Alternating Pattern Example

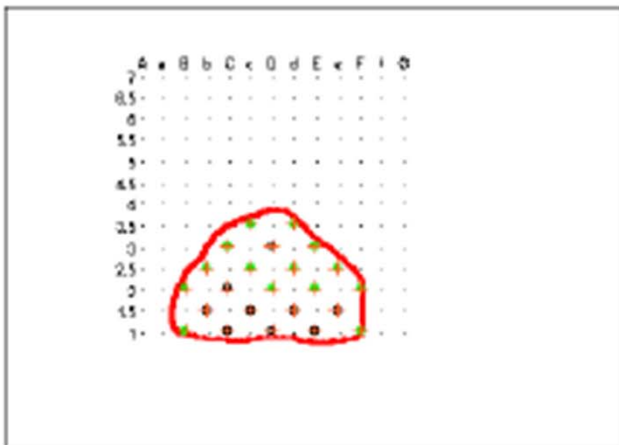
### Transverse Images



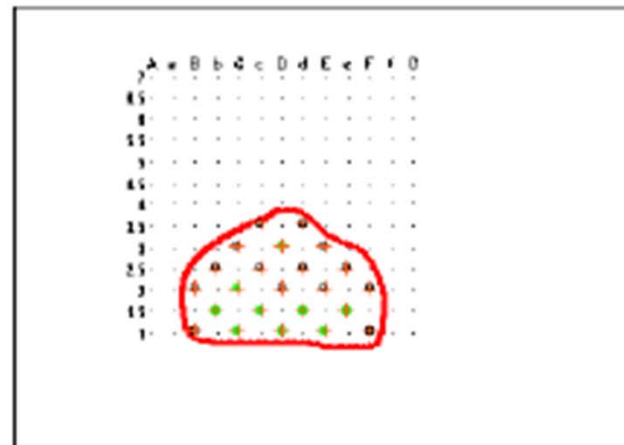
Z = 0.00 Pre-Implant : Transverse



Z = 0.50 Pre-Implant : Transverse



Z = 1.00 Pre-Implant : Transverse



Z = 1.50 Pre-Implant : Transverse

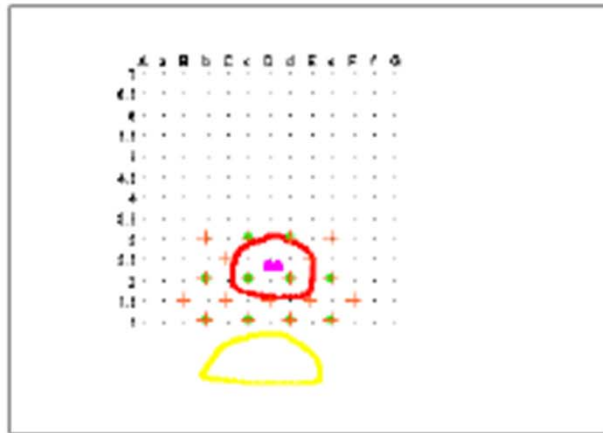




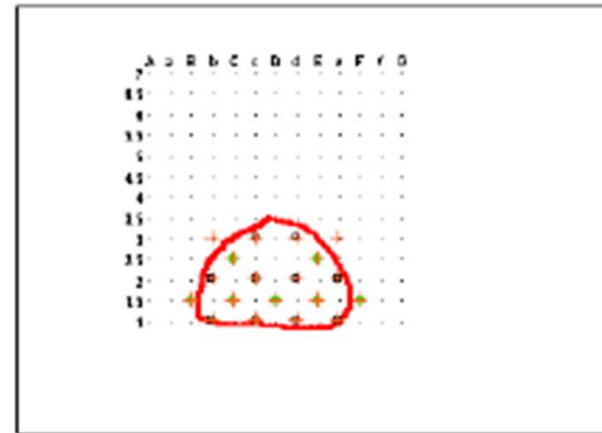
# Seed loading pattern

## 4.6.3.3 3D Alternating Pattern Example

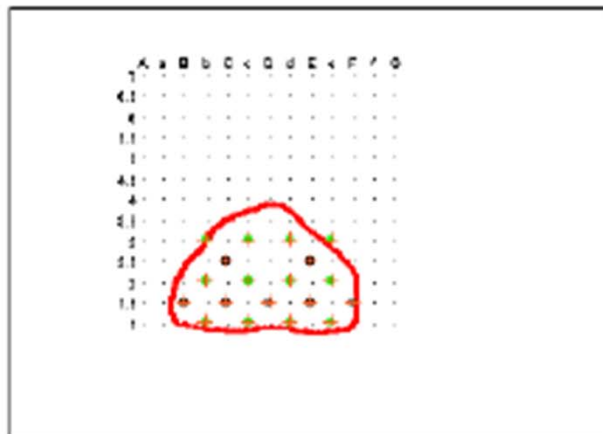
### Transverse Images



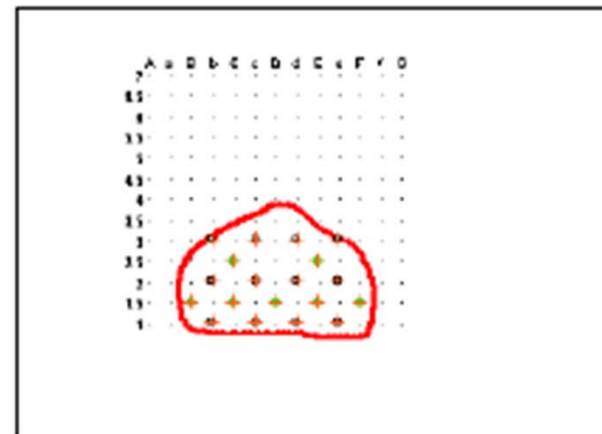
Z = 0.00 Pre-implant : Transverse



Z = 0.50 Pre-implant : Transverse



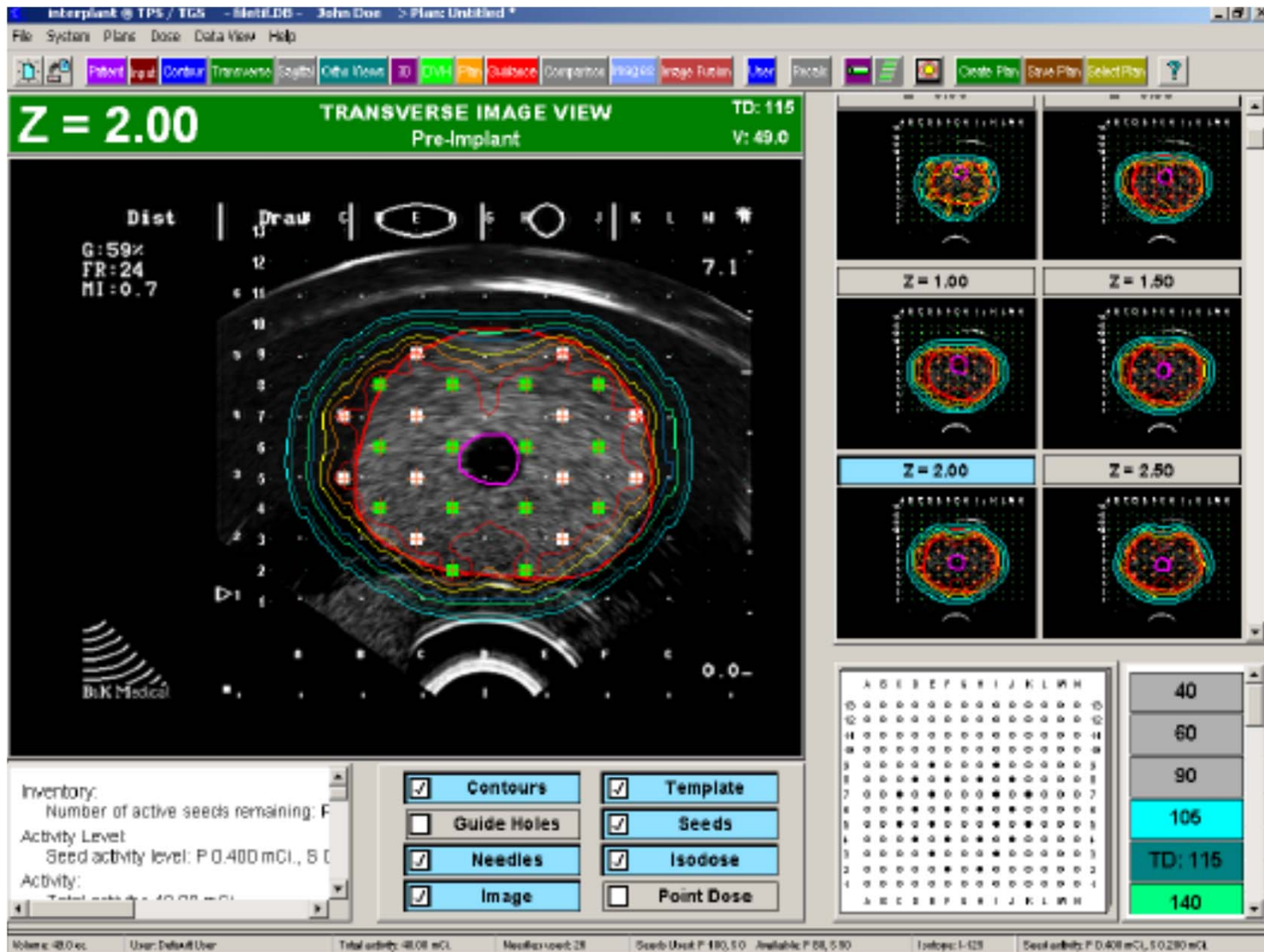
Z = 1.00 Pre-implant : Transverse



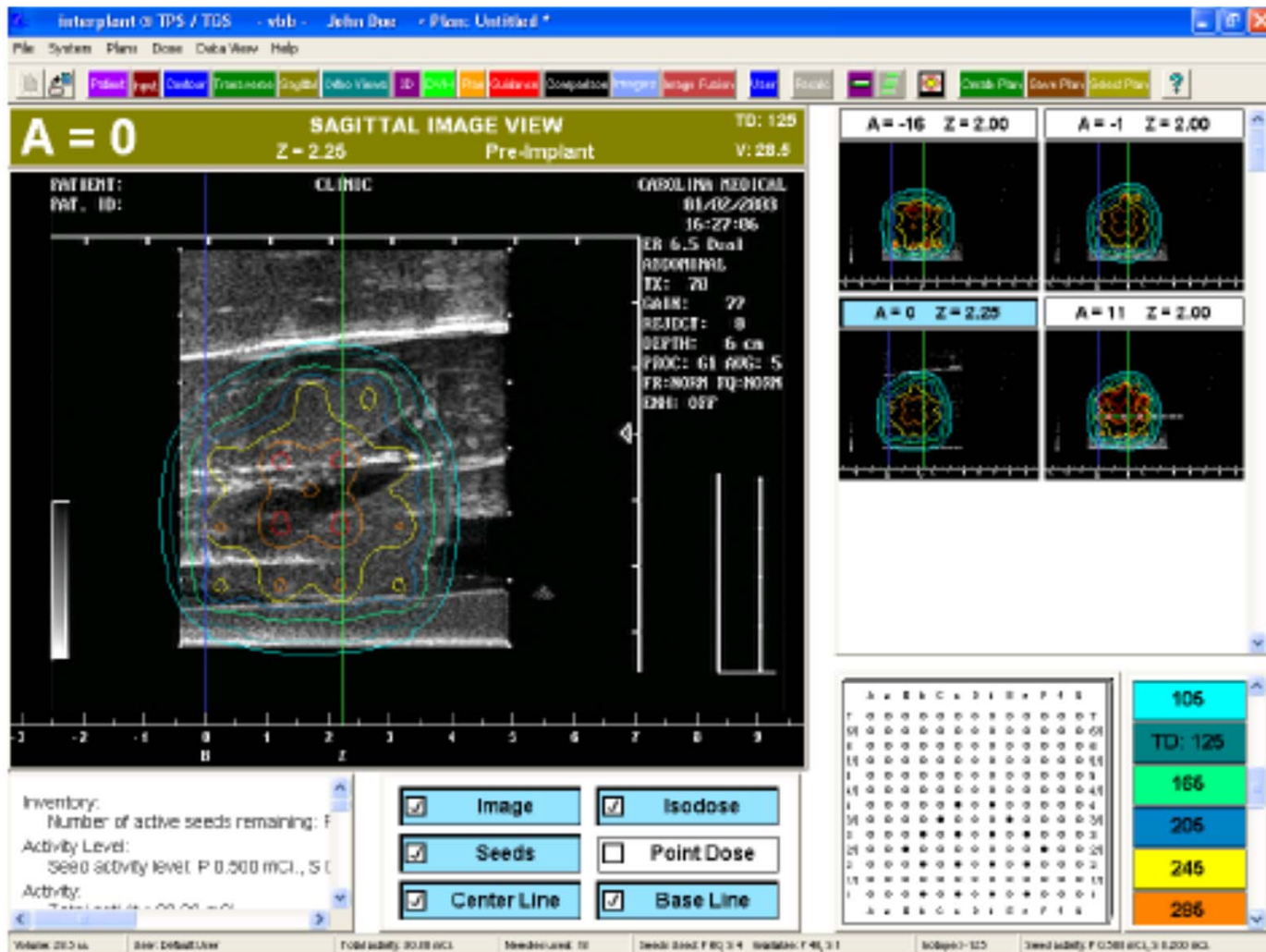
Z = 1.50 Pre-implant : Transverse



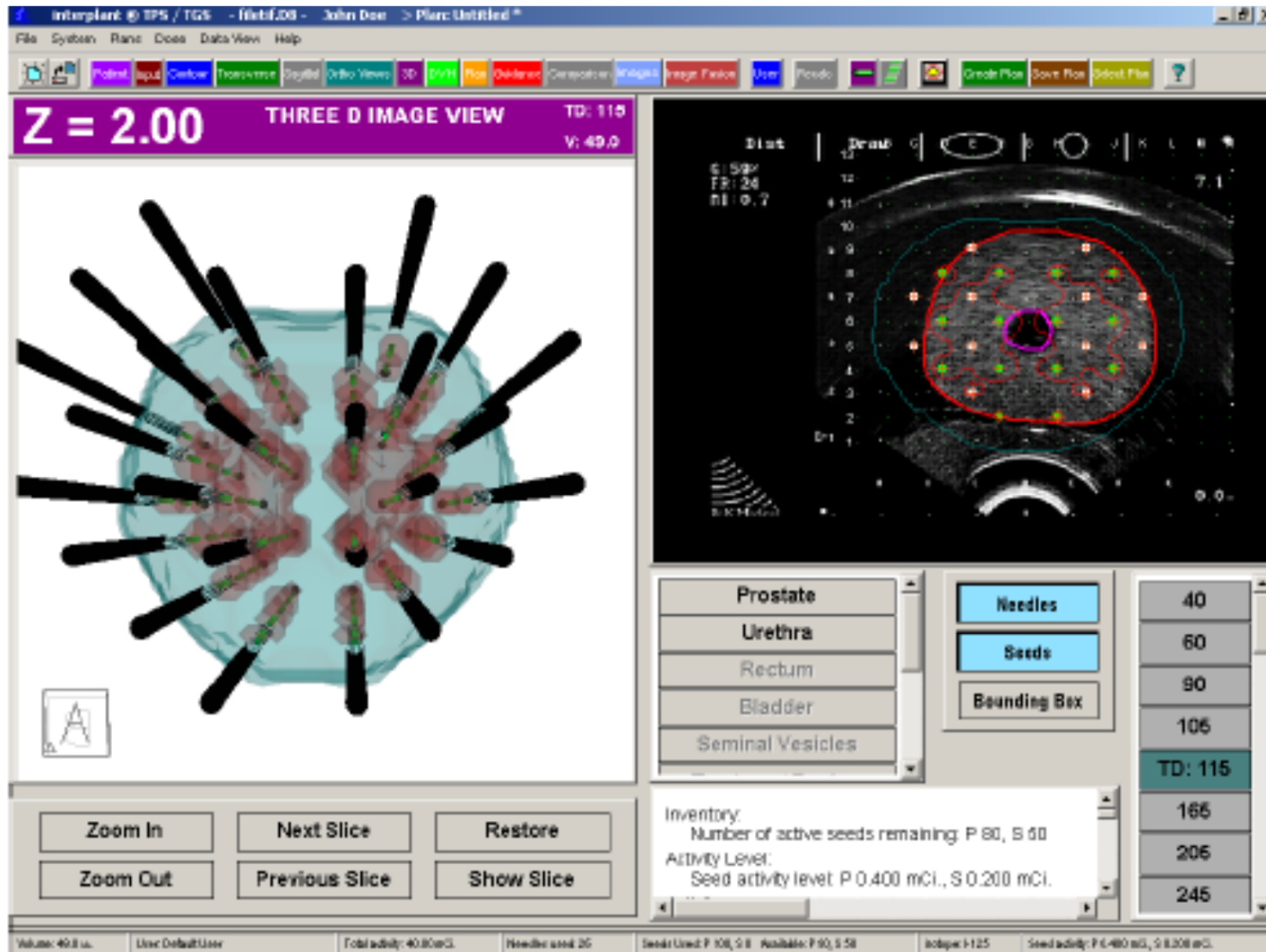
# TPS – dose planning



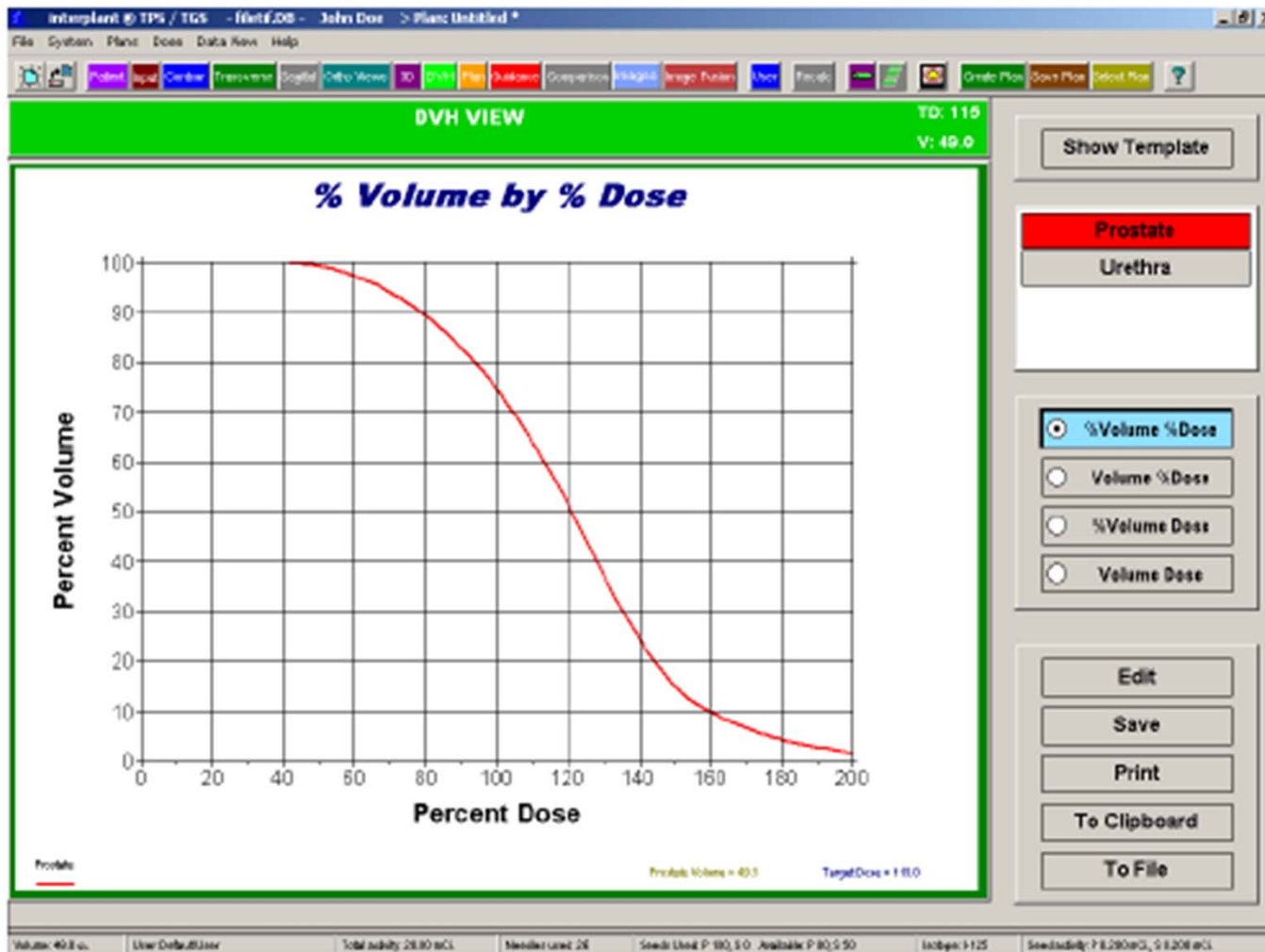
# TPS – dose planning



# TPS – needle view



# TPS – dose volume histogram (DVH)



# TPS – dose plan summary

PLAN VIEW  
 Patient: Doe, John Plan ID: Untitled  
 TD: 115 V: 49.0

It is recommended that the Plan be printed prior to commencing the implant procedure.

**Dose Plan Summary**

Patient: Doe, John  
 Identification No.: Jan 2083  
 Date: 8/18/2003  
 Time: 1:07:43  
 Target Dose: 115

Plan ID: Untitled  
 Prostate Volume: 49.0 cc  
 Seed: Amersham 6711  
 Seed Type: I-125  
 Amersham Certification: 0.030  
 Implants Needed: 0

Planned Needles: 26  
 Total Activity: 28,880 mCi  
 Total Number of Active Seeds: 100,0  
 Seed Activity: 8,280, 8,200 mCi  
 UTMIC 1.278  
 Implants Seeded: 8

Prepared by: \_\_\_\_\_ Retrieved by: \_\_\_\_\_

**Planned Needle Definitions**

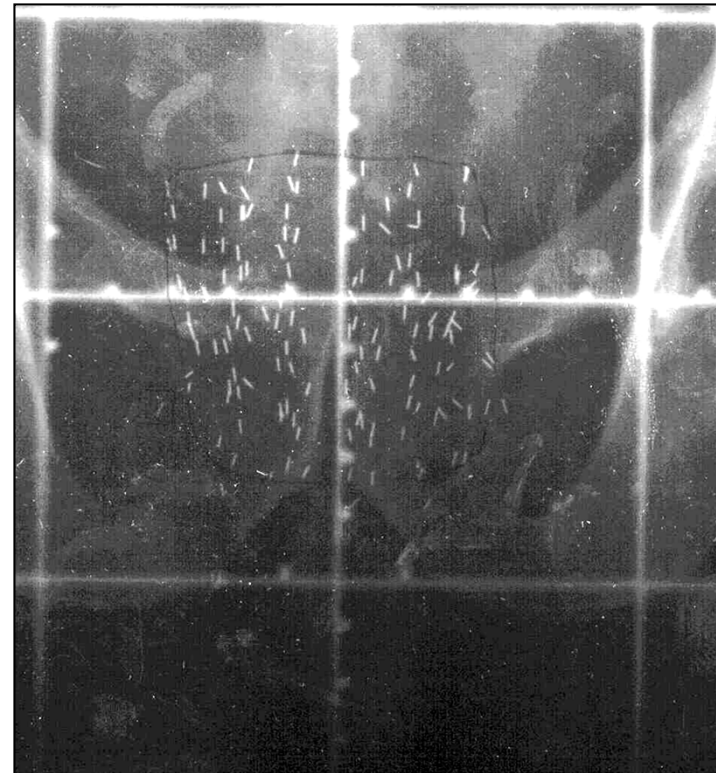
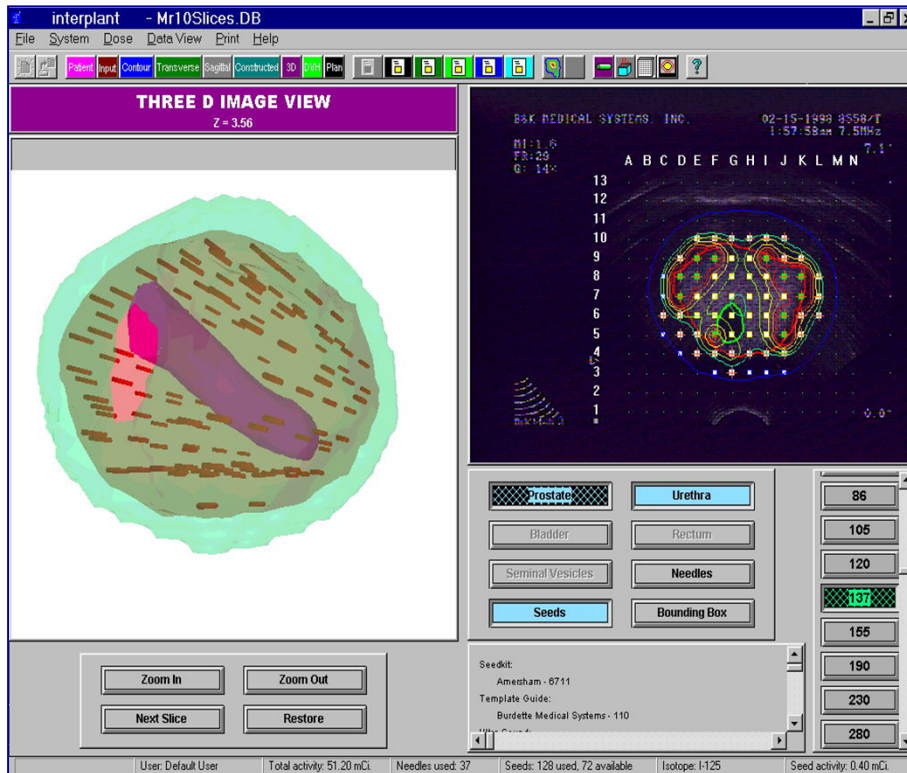
Seed No. Number	Label	Activity (mCi)	Radius [cm]	Radius (cm)	0.0	0.5	1.0	1.5	2.0	2.5	3.0	3.5	4.0	4.5	5.0	5.5	6.0	6.5	7.0	
1	05	8,400	2	1.50																
2	05	8,400	2	1.50																
3	05	8,300	4	3.00																
4	05	8,300	4	3.00																
5	10	8,300	4	3.00																
6	05	8,300	4	3.00																
7	05	8,400	2	1.50																
8	05	8,300	4	3.00																
9	05	8,300	4	3.00																
10	05	8,400	2	1.50																
11	05	8,300	4	3.00																
12	05	8,300	4	3.00																
13	10	8,300	4	3.00																
14	05	8,300	4	3.00																
15	05	8,300	4	3.00																
16	05	8,300	4	3.00																
17	05	8,300	4	3.00																

Print All  
 Print Page  
 DVH Tabular Data  
 Transverse Images  
 Orthogonal Images  
 Sagittal Images  
 3D Image

First Page  
 Next Page  
 Previous Page



# Plan versus actual implant



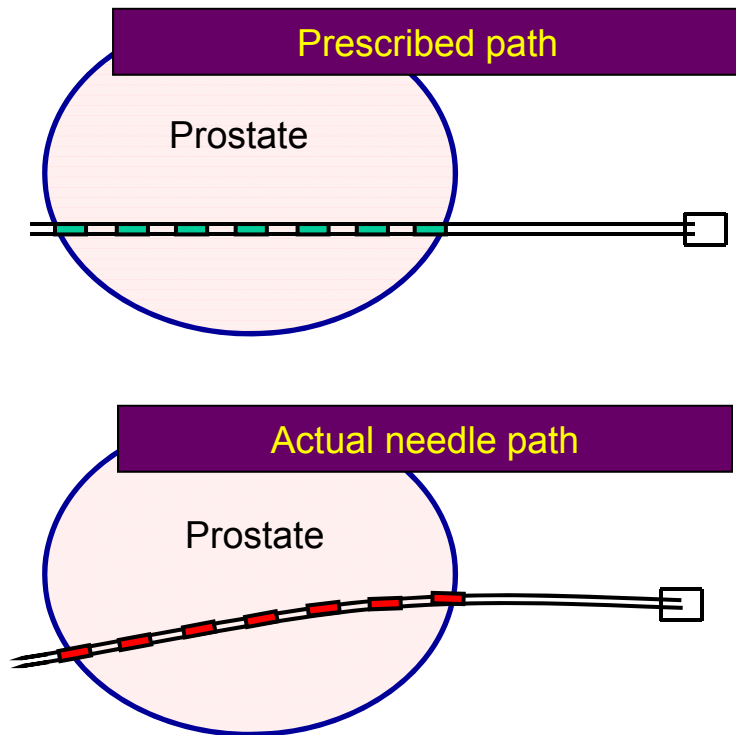
Implants ***NEVER*** turn out to be what was planned

- System miscalibration
- Organ motion & deformation
- Needle bending
- Edema

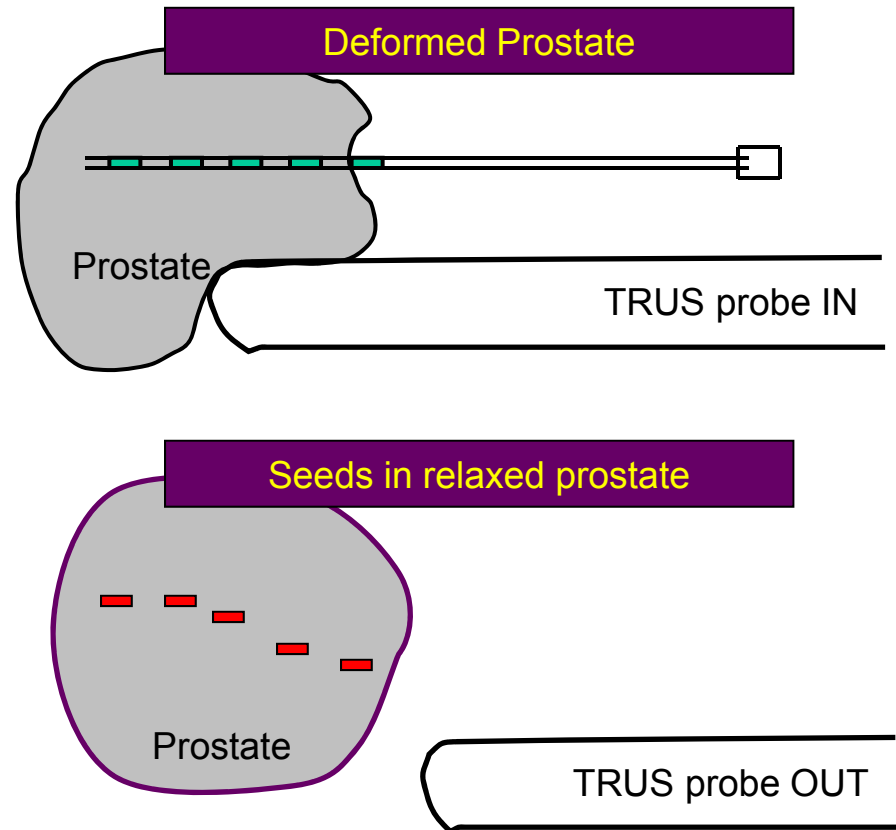


# Why seeds get misplaced?

## (1) Needle Deflection



## (2) Motion and Deformation Caused by Needle and Probe

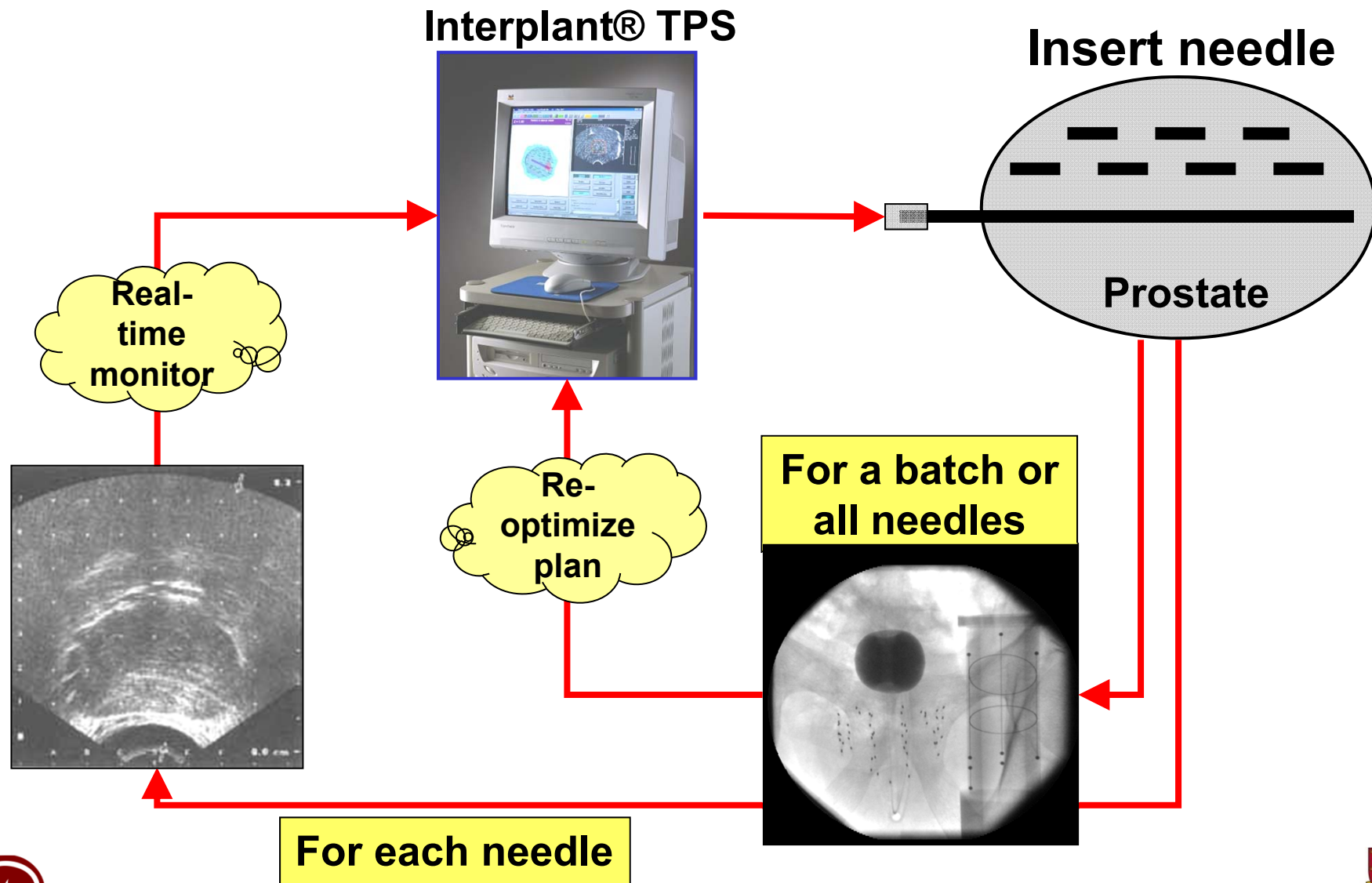


## (3) Intra- and Post-Operative Edema



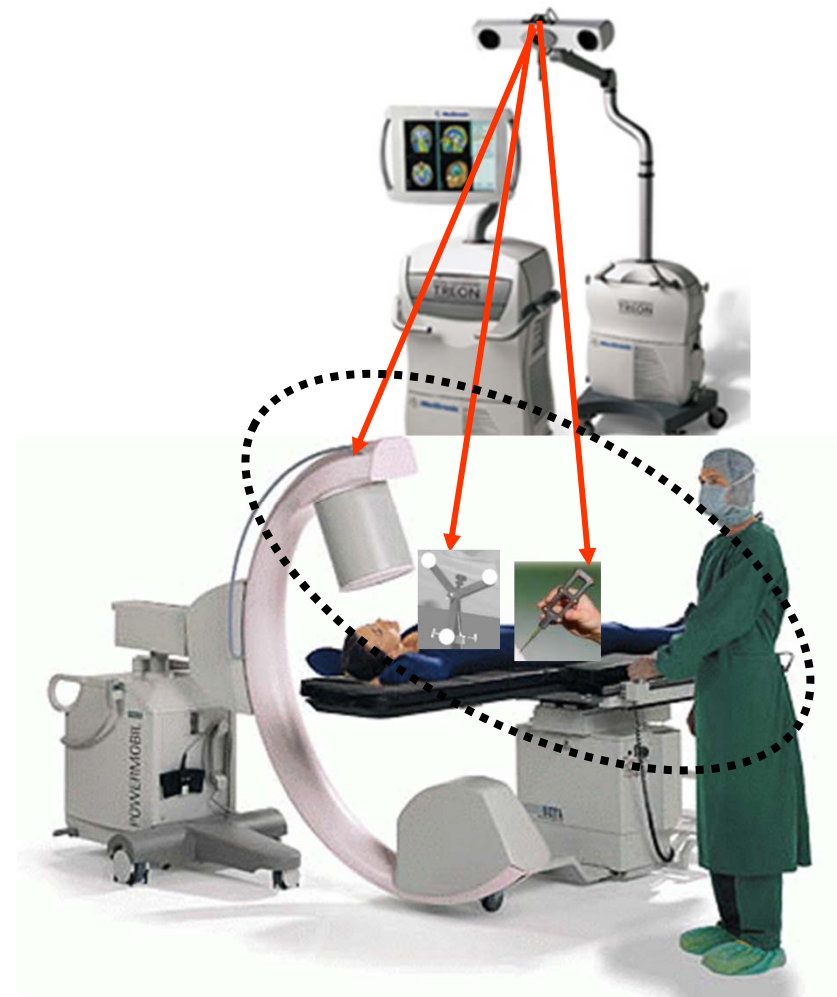
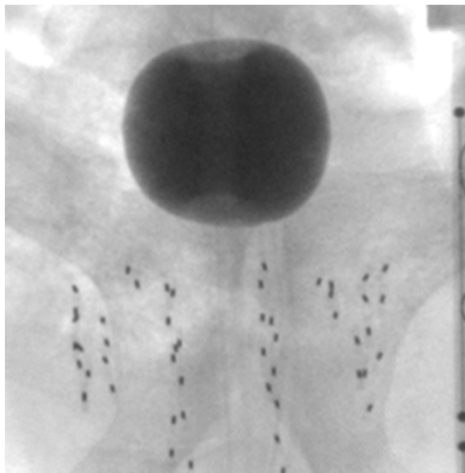


# Registration of TRUS to Fluoro (RUF)

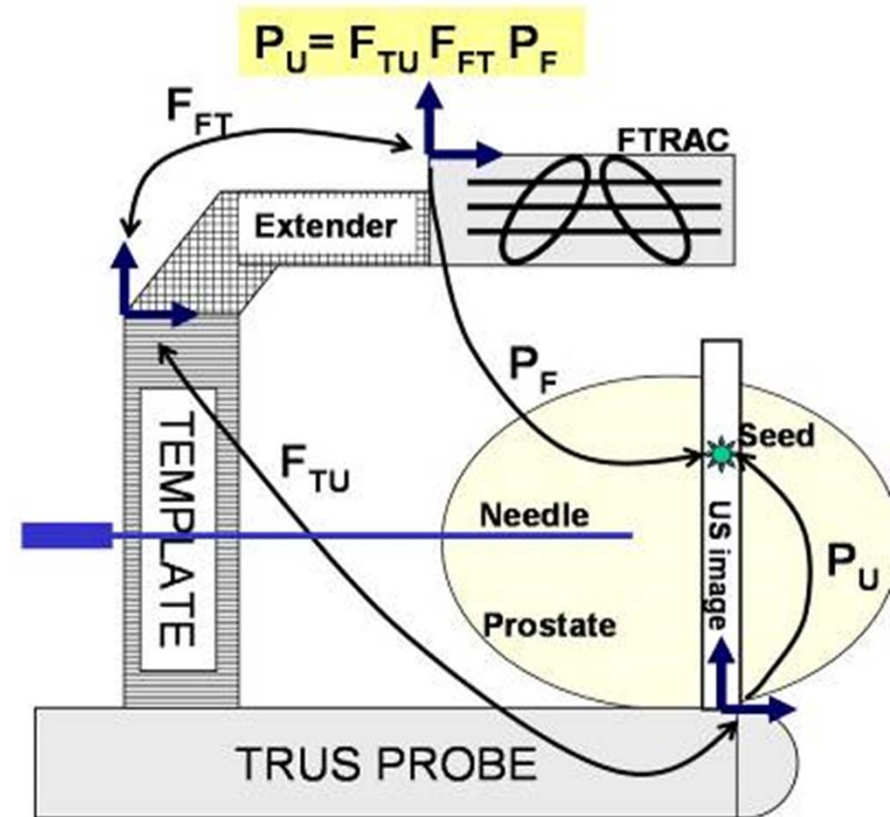
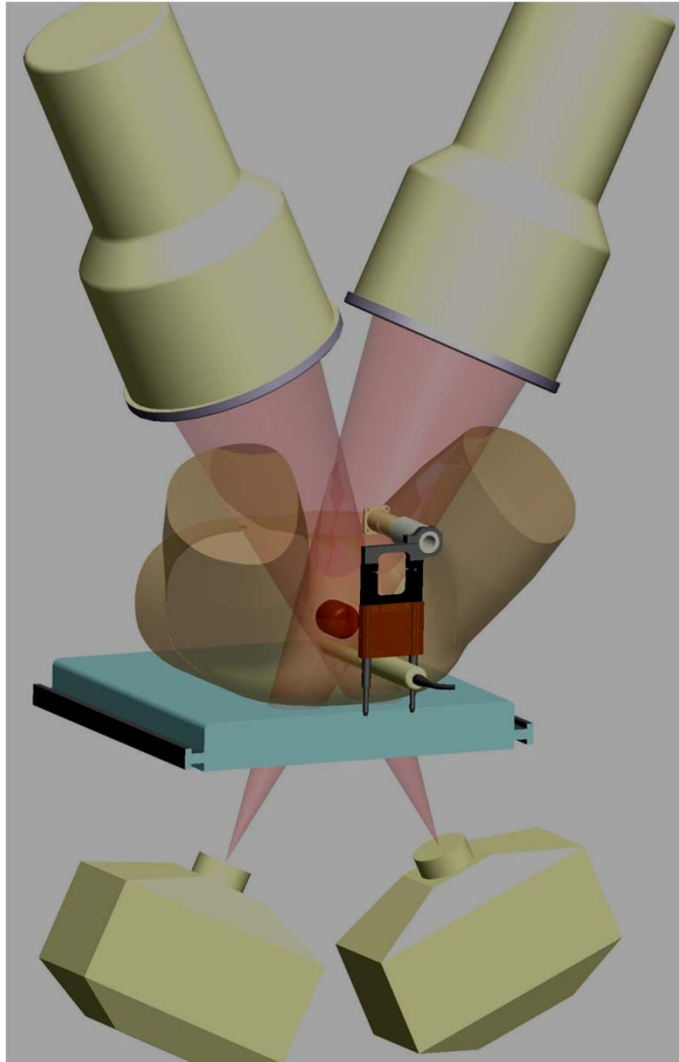


# Why C-arm fluoroscopy is so difficult?

- Must track the C-arm, tool, and patient simultaneously
- Requires online calibration distortion correction
- Seed reconstruction seems hopeless...



# RUF registration chain



Jain et al, MICCAI 2007

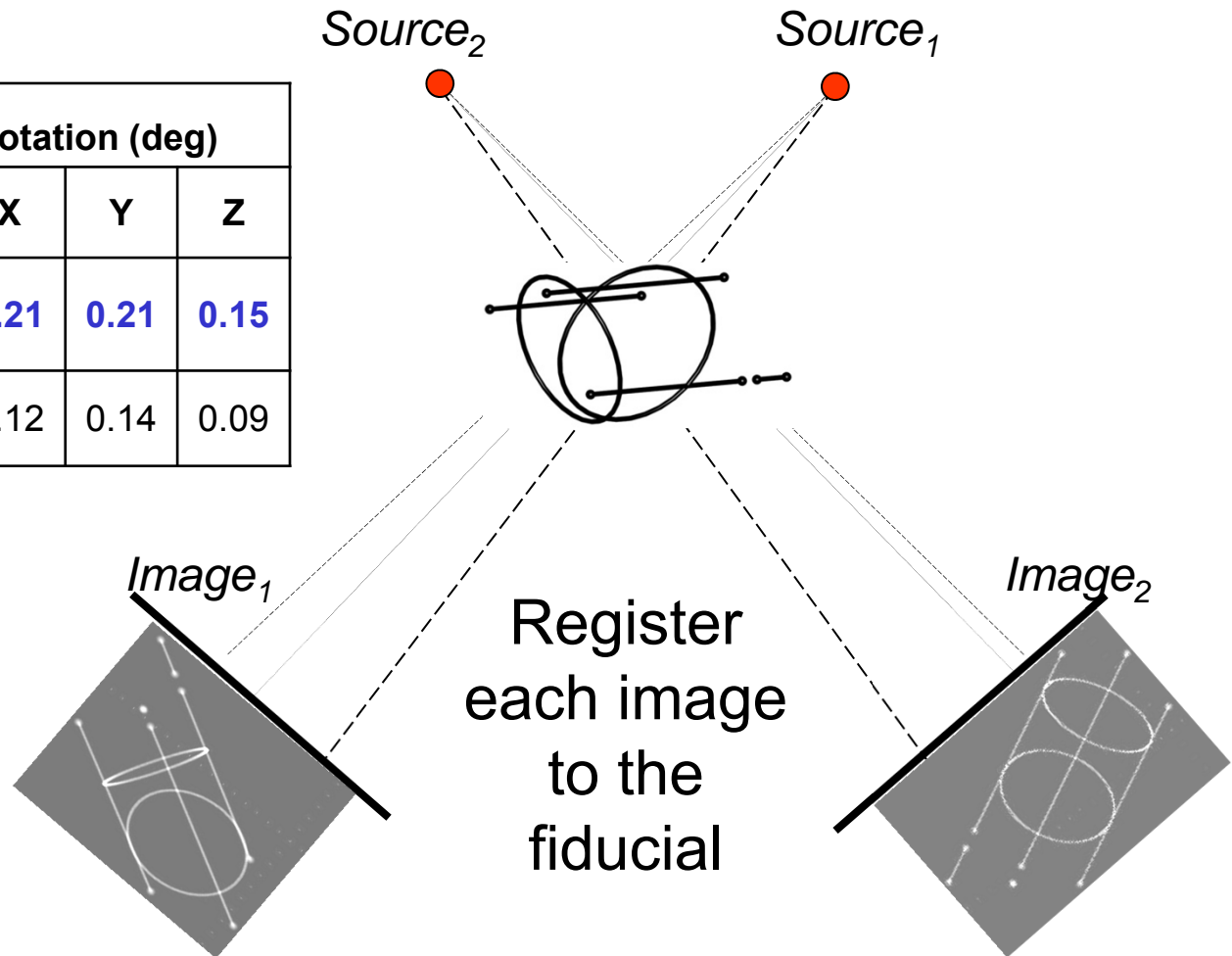
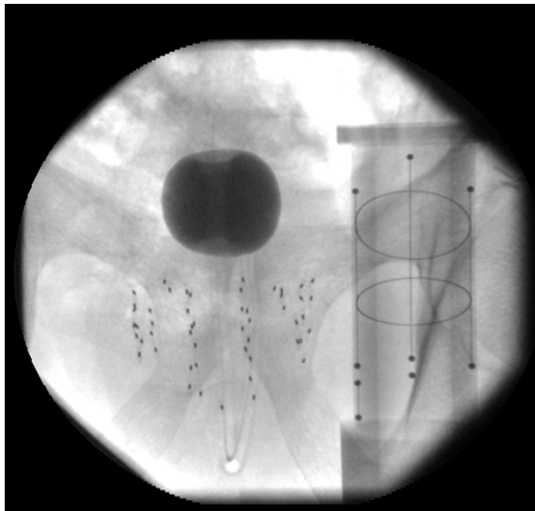
Jain et al. AAPM, 2007



# FTRAC: Fluoroscope tracking fiducial`

Calculates relative imaging poses

	Translation (mm)			Rotation (deg)		
	X	Y	Z	X	Y	Z
Mean	0.07	0.04	0.55	0.21	0.21	0.15
STD	0.05	0.03	0.32	0.12	0.14	0.09

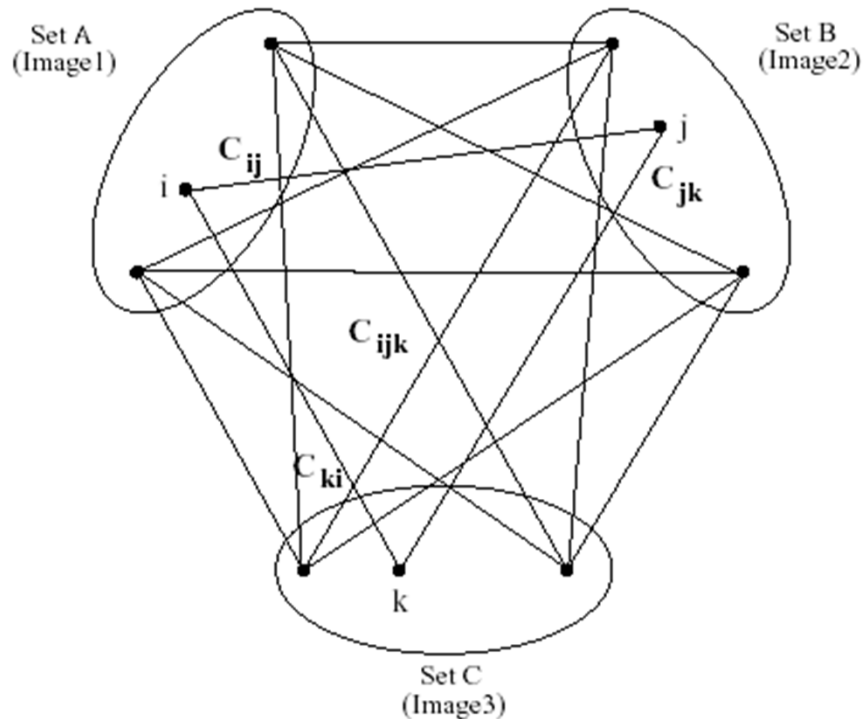


Jain et al, Med Phys 2005



# MARSHAL: Matching and Reconstruction with the Hungarian Algorithm

- Maps seed matching to network flow optimization
- Solves NP-hard seed matching in quasi polynomial time



- Recovers hidden seeds
- Considers seed orientation
- Reconstructs 99.8% of all seeds from 4 images
- Reconstruction error of 0.63 mm (STD= 0.24 mm)
- Mismatched seeds have a mean error of 0.9 mm

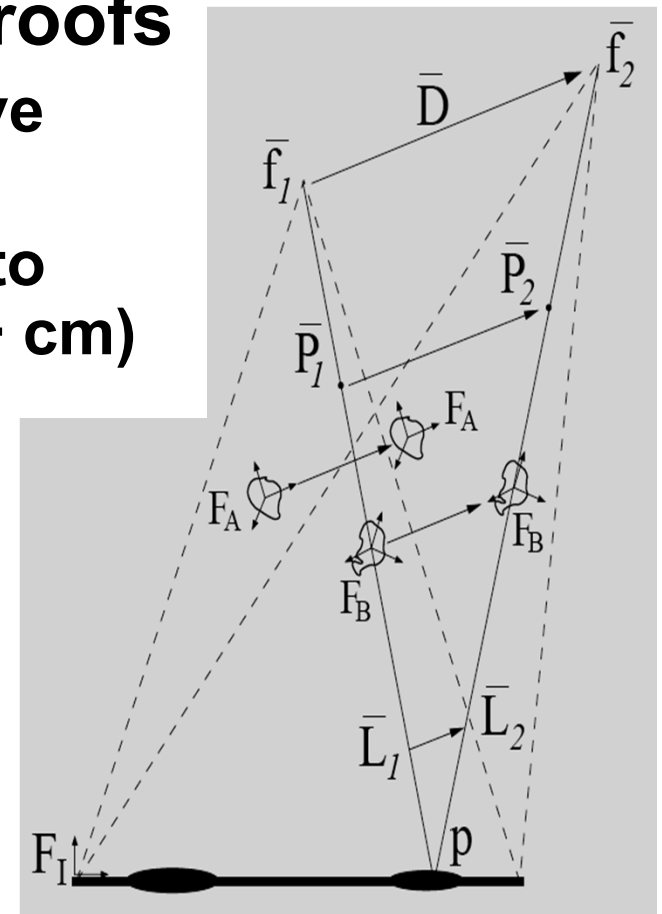
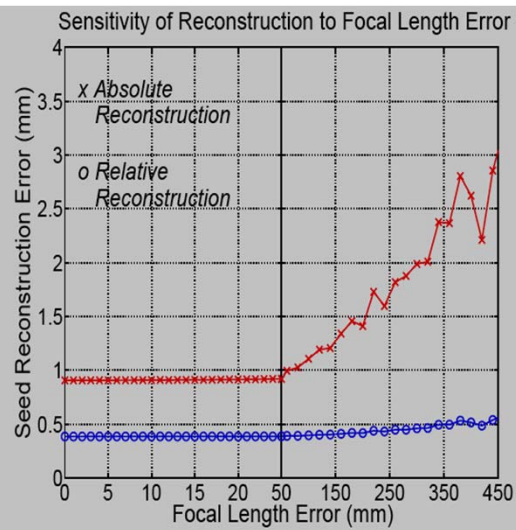
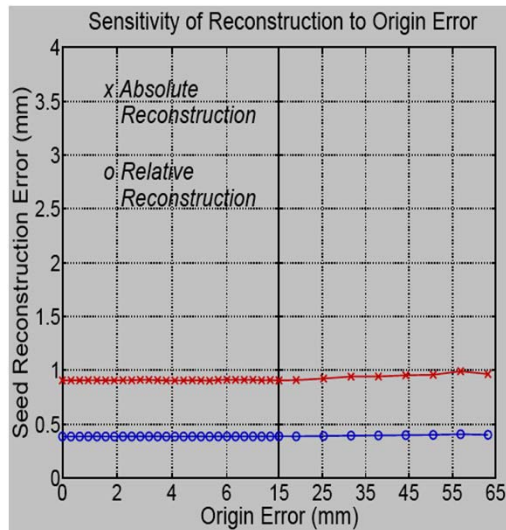
Jain et al, MedPhys 2005  
Jain et al, MICCAI 2006  
Zhou et al, SPIE 2006



# We use average C-arm without on-line calibration & distortion correction

## Mathematical and experimental proofs

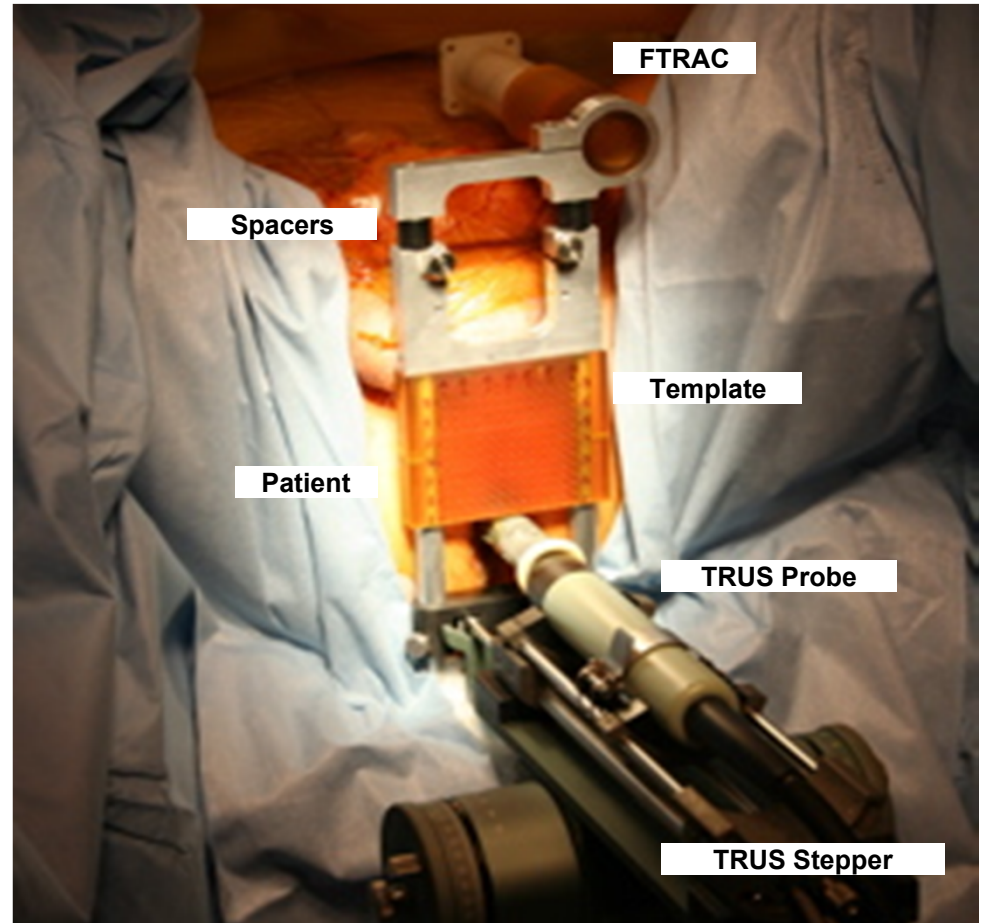
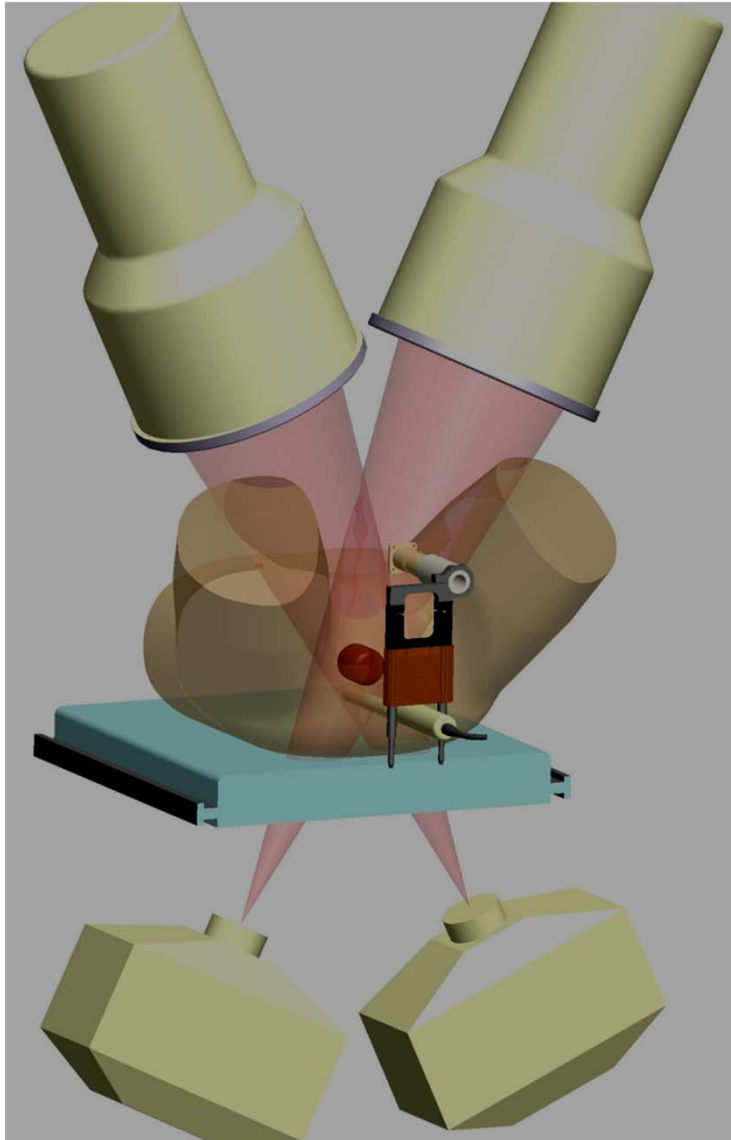
- Calibration does not affect the relative position of seeds
- FTRAC and MARSHAL are resistant to even very large calibration errors (5+ cm)



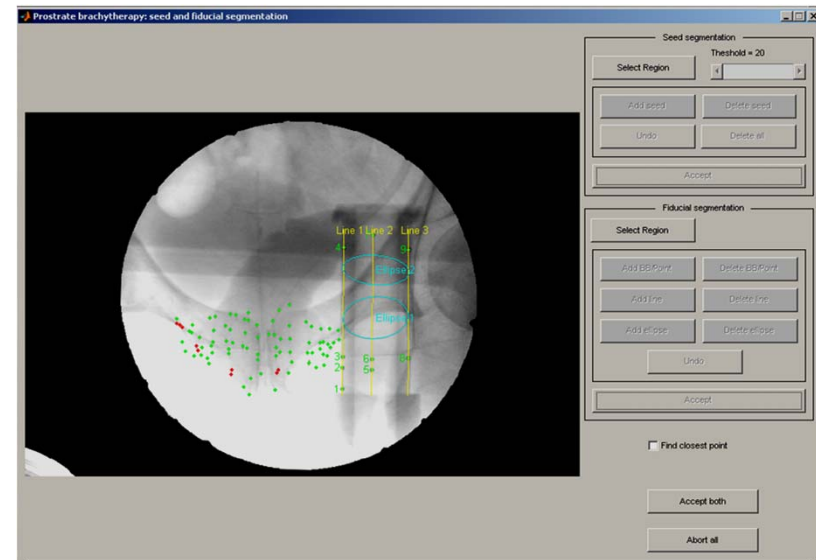
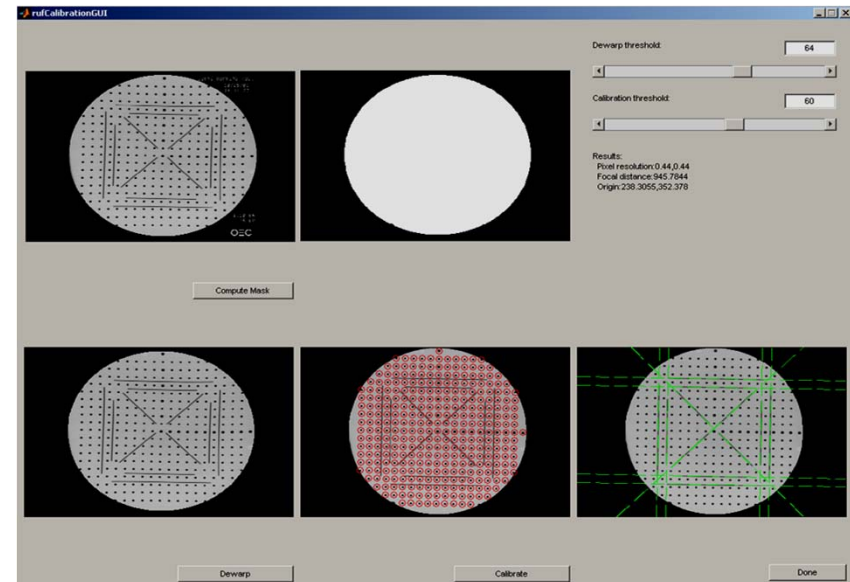
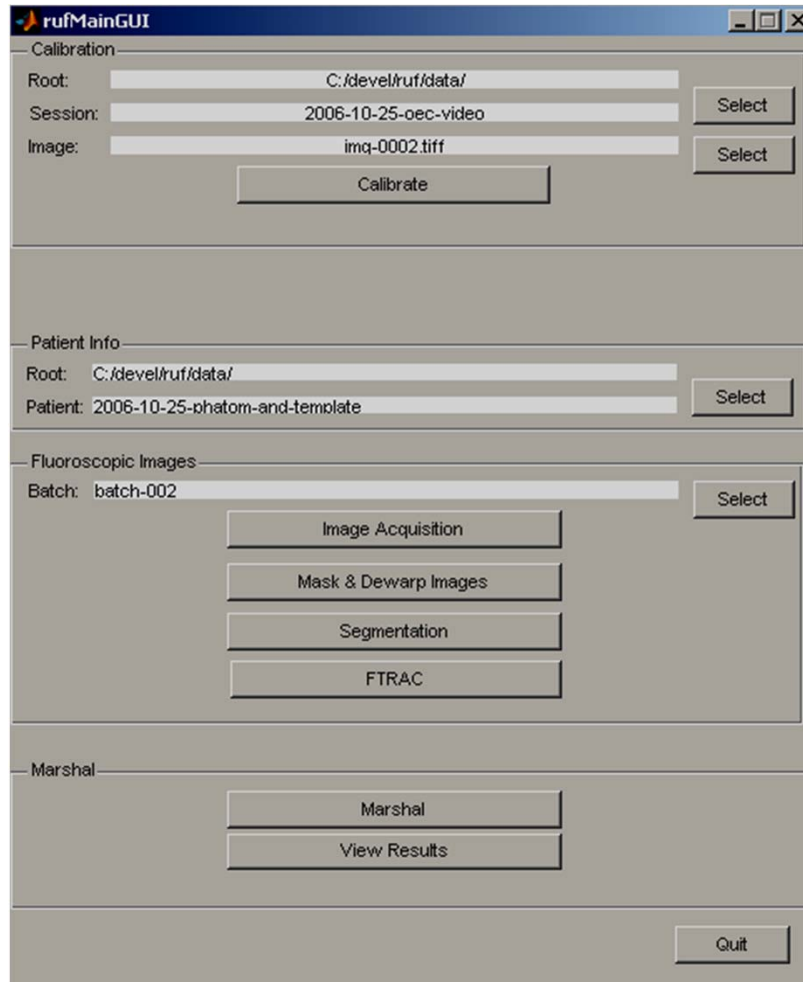
Jain et al, MICCAI 2005  
 Jain et al, Med Phys 2005  
 Jain et al, MICCAI 2006



# Clinical setup



# RUF software interface



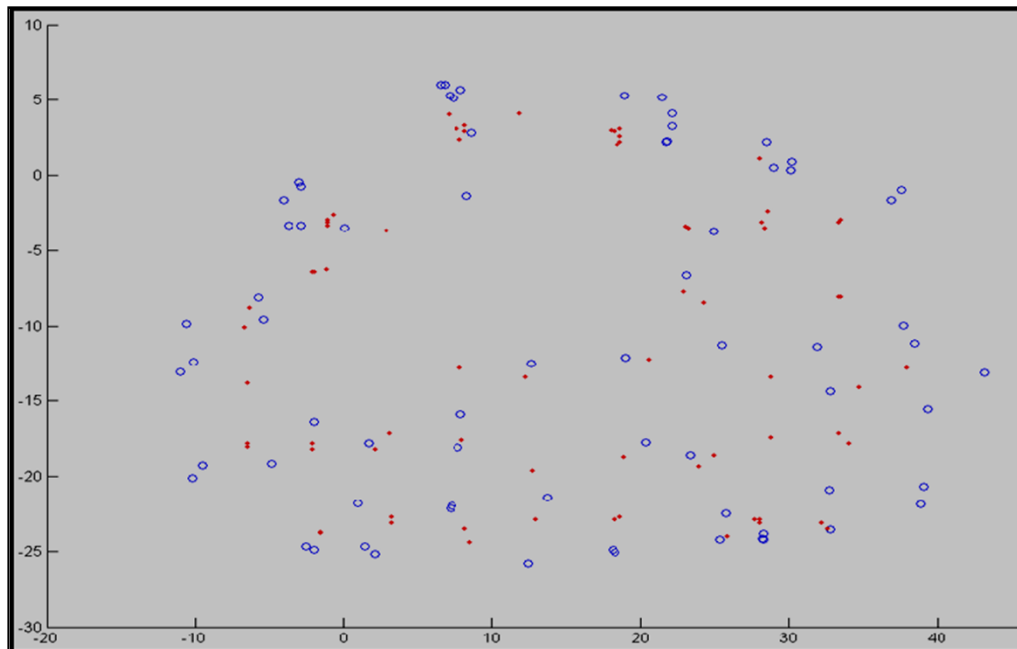
Jain et al, AAPM 2007  
Jain et al, MICCAI 2007





# Clinical trial results

**Intra-operative edema quantified at  
1/3, 2/3 and complete implant**  
mean 4.6 mm (STD 2.4 mm, max 12.3 mm)



**Planned seeds** and **actual seeds**

Jain et al, AAPM 2007

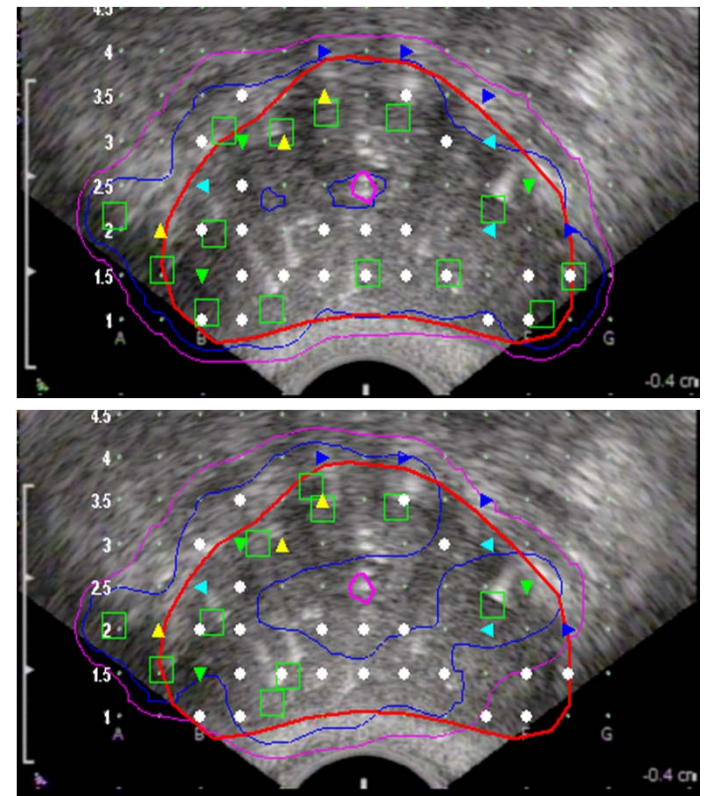
Jain et al, MICCAI 2007

Song et al, ASTRO 2007



Laboratory for Percutaneous Surgery – The Perk Lab

**Colds spots found on exit  
dosimetry and fixed**  
Average 4 extra seeds, max 9



**Screen captures from the Interplant®  
brachytherapy TPS**

Copyright © Gabor Fichtinger, 2013



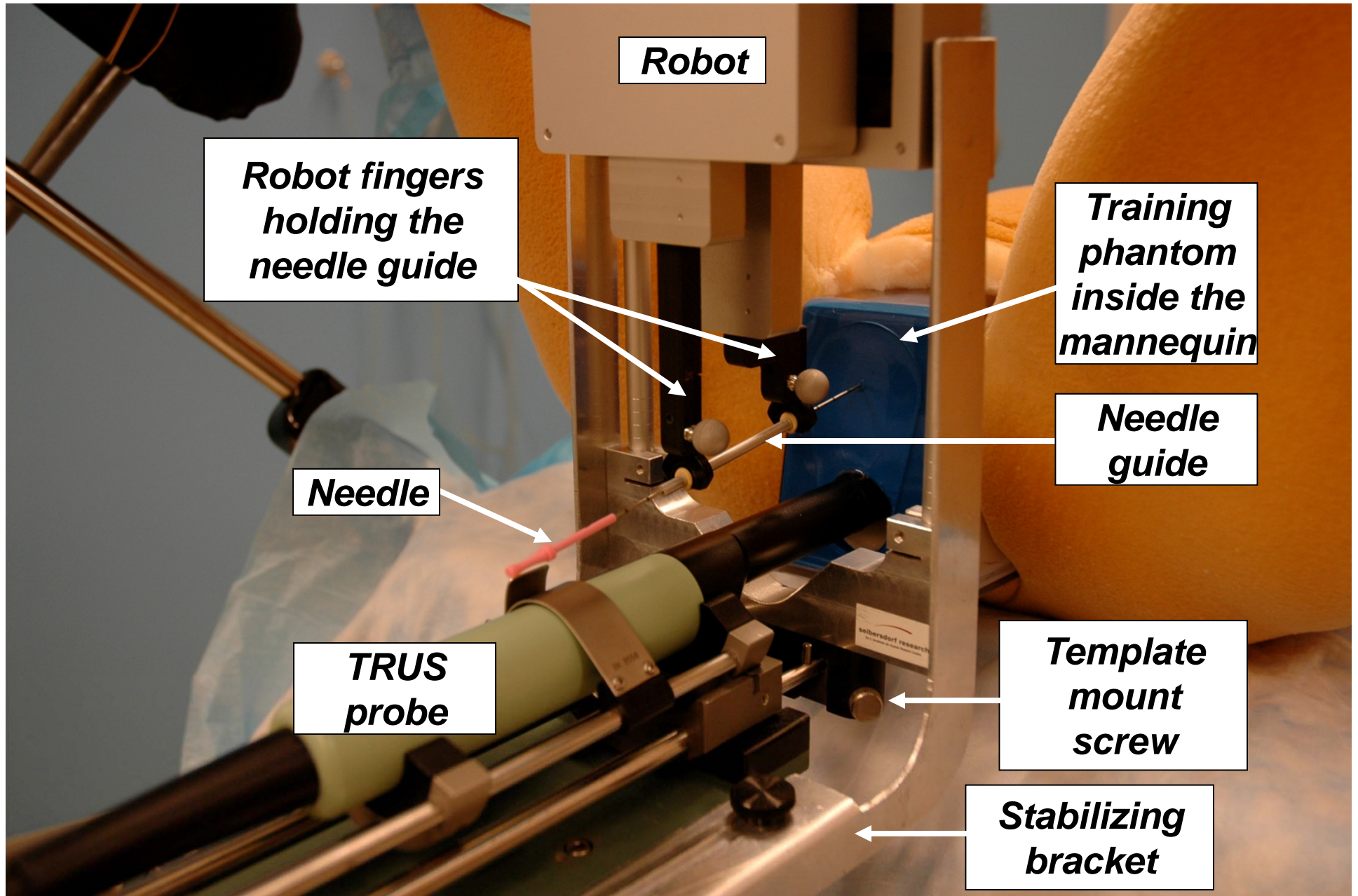
# Replace template w/ 4DOF robot



*Does not alter clinical setup & workflow*

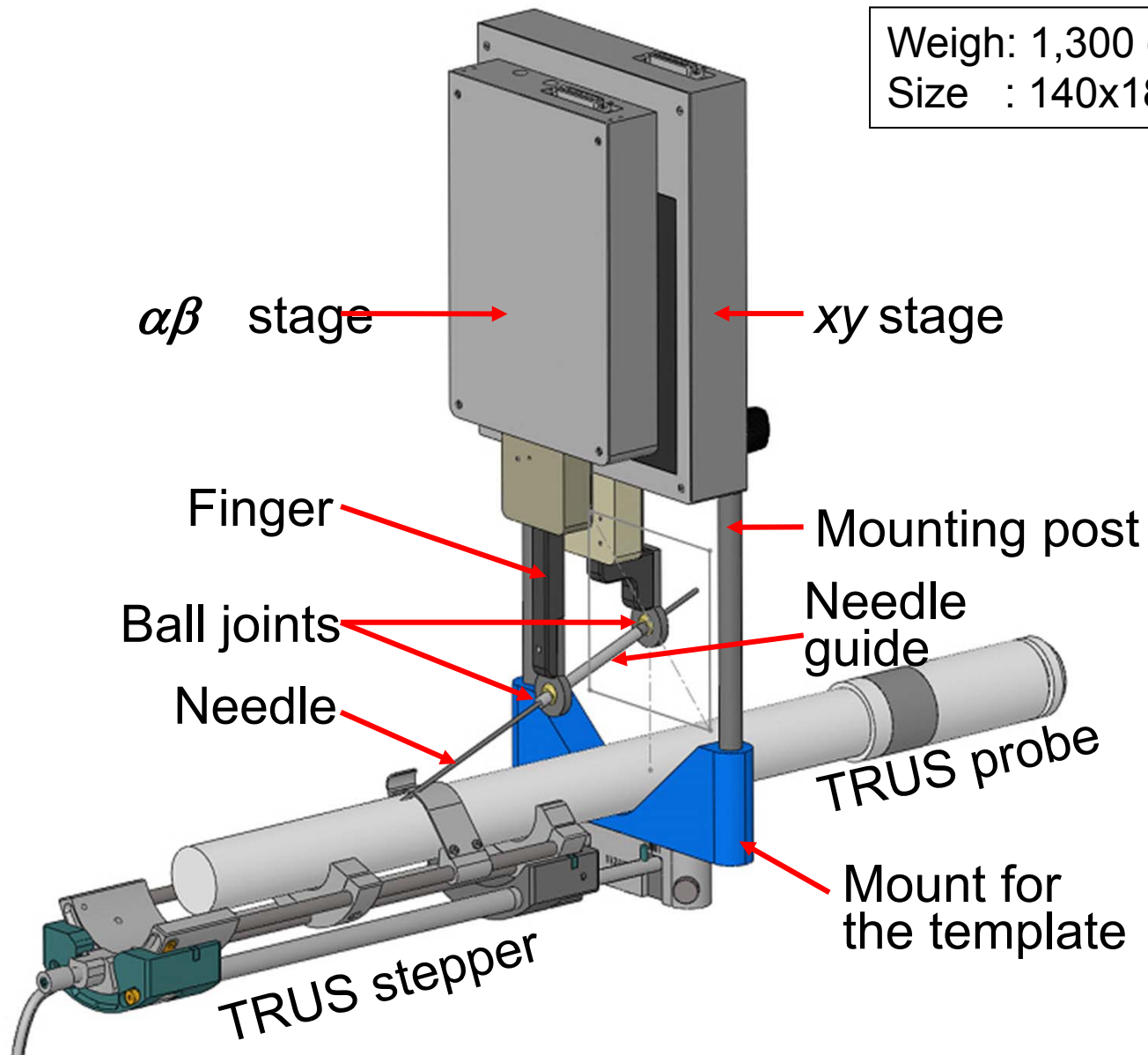


# Robot setup



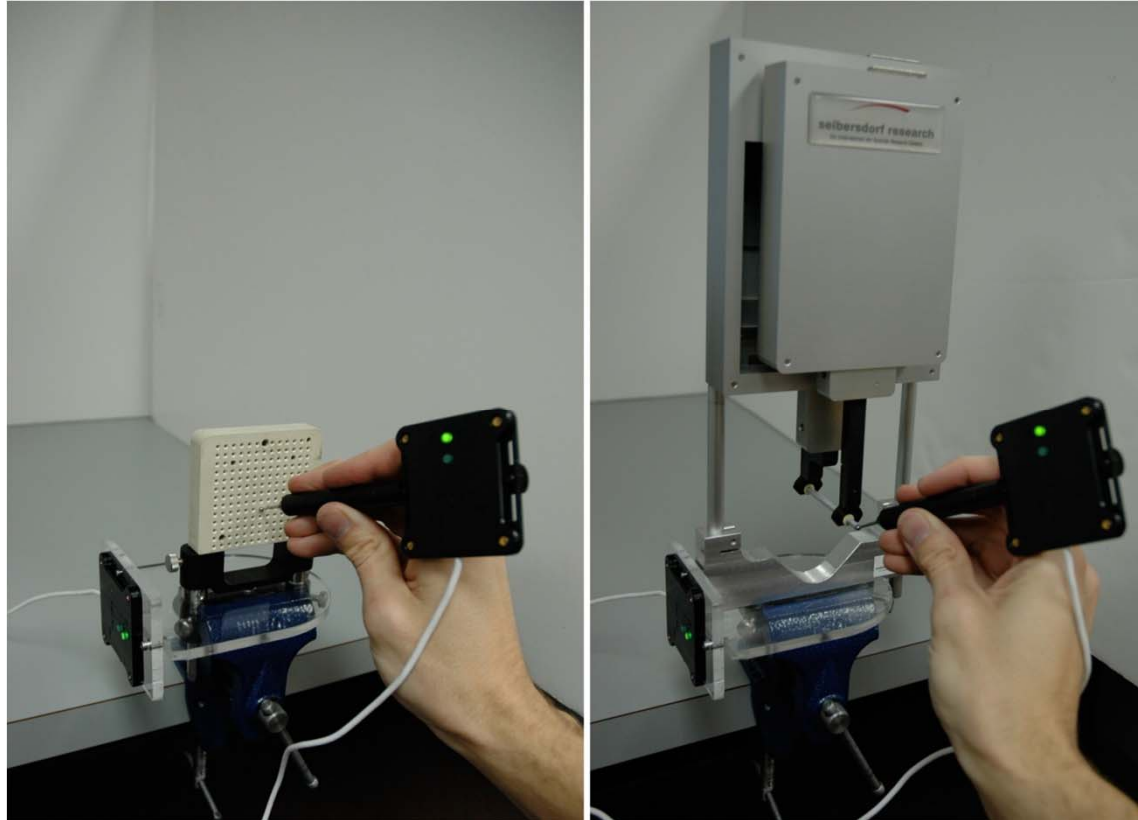
# “Sandwich” robot

Weigh: 1,300 g  
Size : 140x180x65 mm



# Robot & template are interchangeable

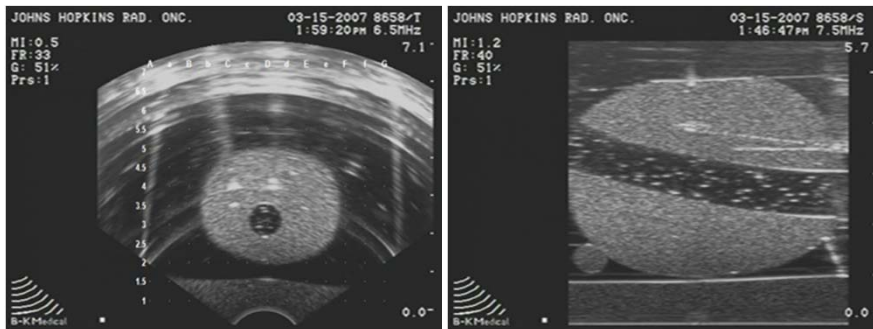
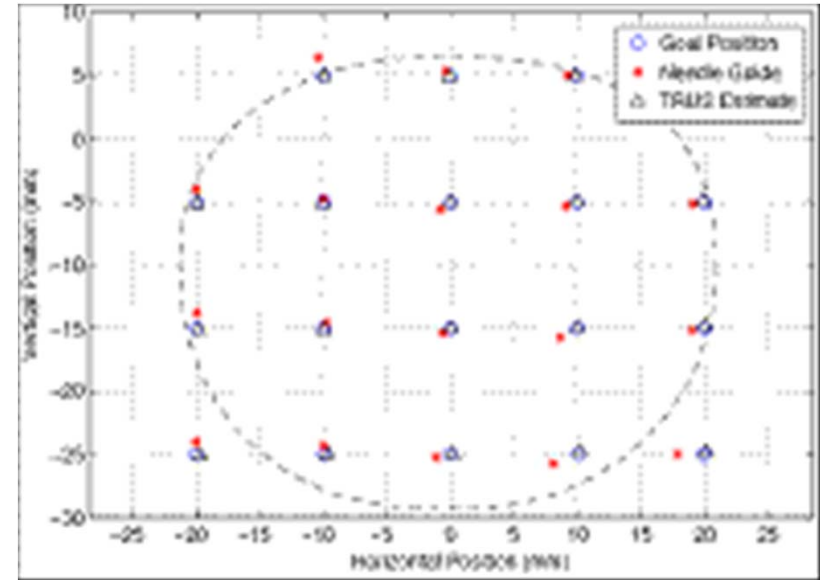
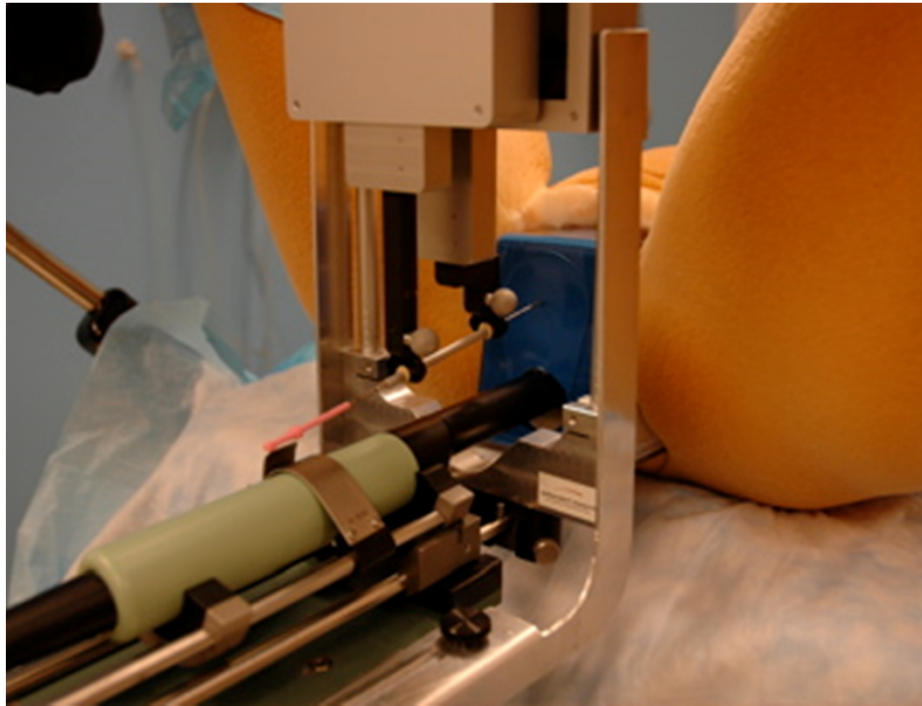
- Translation error: 0.25mm (STD=0.17mm)
- Rotation error: 0.75° (STD=0.37°)



- Can revert to template if necessary
- No need for pre-op calibration



# Accurate needle placement w/ TRUS

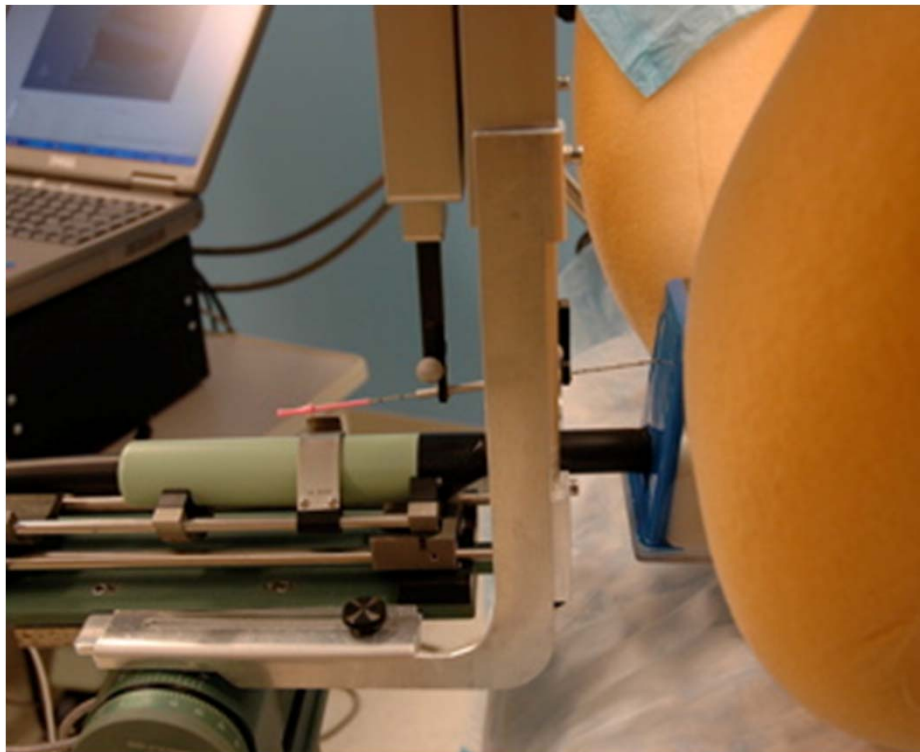


- Avg. 1.04 mm (STD=0.50 mm)
- Relative to TRUS
- 18 samples over prostate



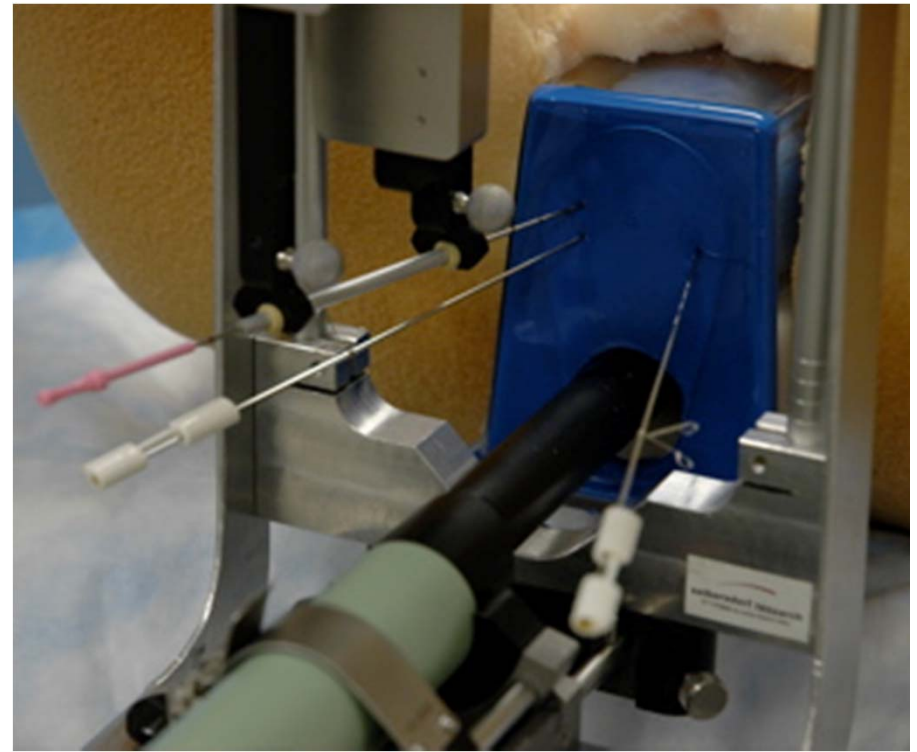
# Additional benefits

**Pubic arch interference  
reduced by slanted needles**

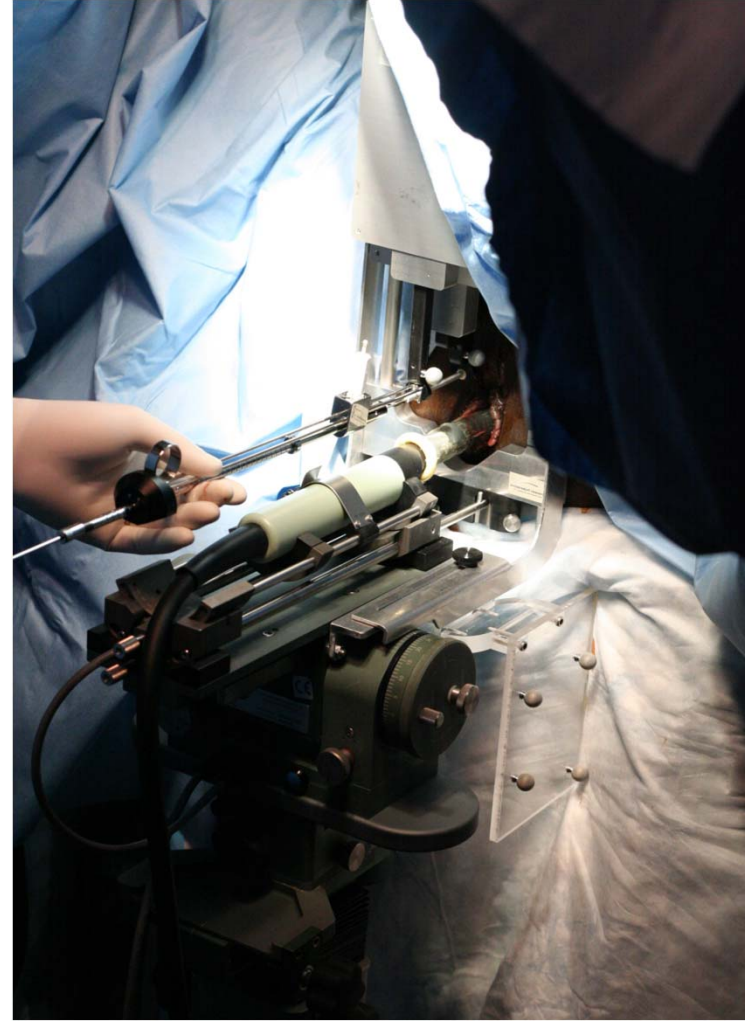
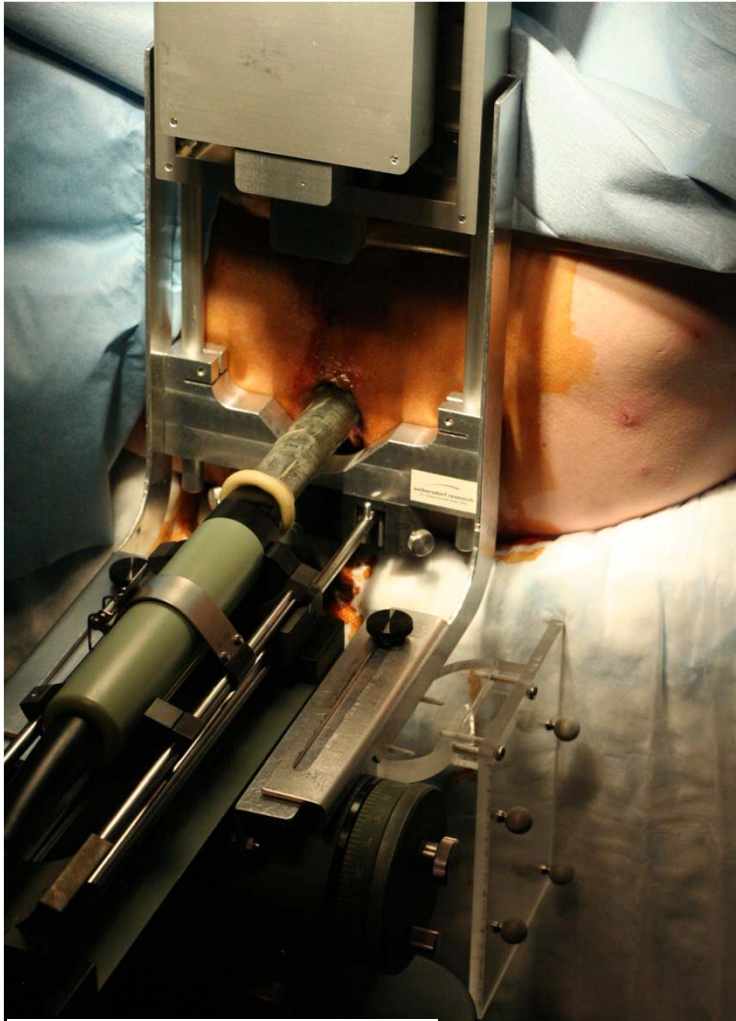


**Prostates >55cc, about 1/3 of candidates**

**No apparent interference  
with stabilization needles**



# Successful clinical trial



**Six patients done**



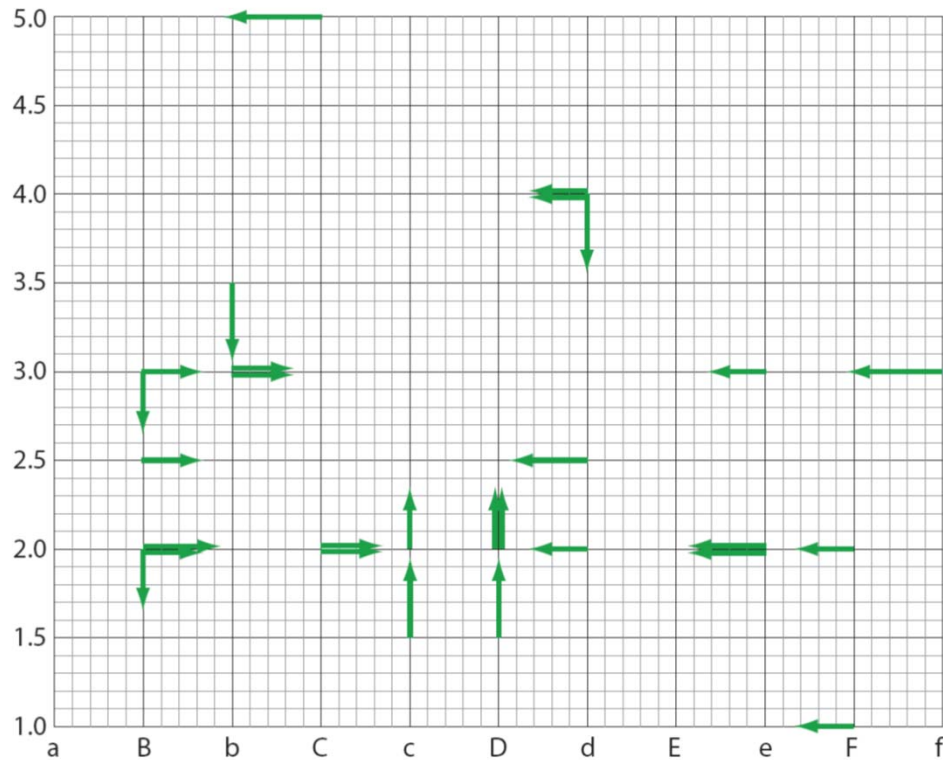
Laboratory for Percutaneous Surgery – The Perk Lab

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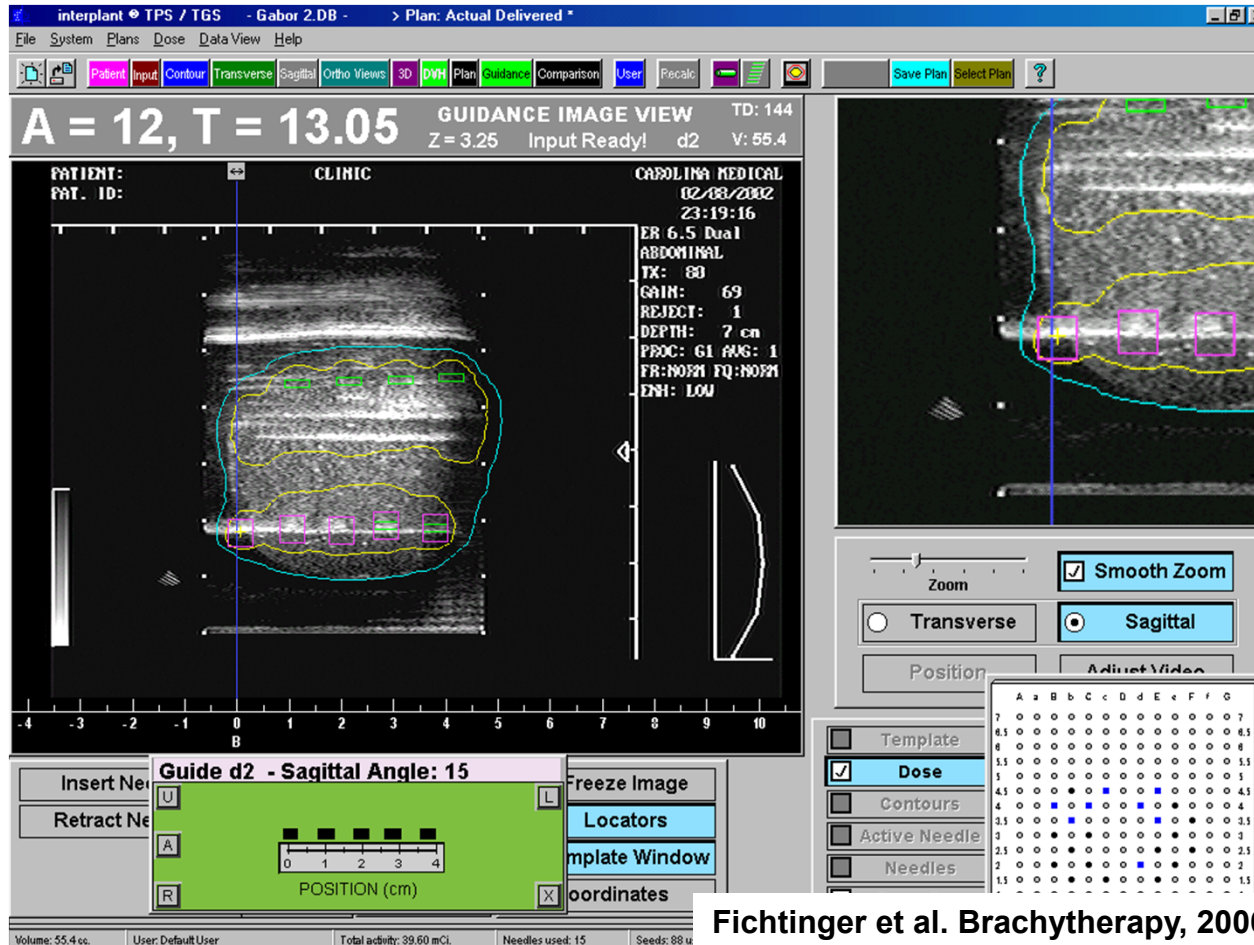
# Needle adjustments – clinical results from five patients w/ 185 needles



Direction and magnitude of corrective adjustments ( $\geq 3$  mm) made to the needle position for all 5 patients. Note the pattern of needles requiring correction toward the center of the prostate, consistent with a tendency for tissue deflection toward the edges of the prostate.



# New paradigm: “Dynamic Dosimetry”



Optimize dose on the fly, relative to prostate  
 Dynamic dosimetry is a reality (see posters W2, W35, H45)  
 Speed and accuracy depends on identification of seeds in ultrasound  
*Extra time increases the chance of edema*

